



The INSIDER

An Independent Newspaper
For Wynmoor Residents

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AUGUST, 2017



SPOTLIGHT ON LENA COHEN

By Insider Staff

Lena Arenson, born July 21, 1917, the youngest of four children, one older brother and two older sisters, grew up in Chicago, Illinois.

Lena met Mike Cohen on Memorial Day weekend of 1937 in a Bicycle Shop, where they were both renting bicycles. She recognized Mike right away, as he was a former classmate of hers in Manley High School.

They struck up a conversation, began dating and were married in December of 1938.

They relocated to Miami, Florida in 1951.

Lena worked several jobs, ultimately retiring from the City of Miami's Accounting Department.

Mike worked and retired from Swift and Company.

Together they had three children; Jerry, Larry and Sharlene, three married grandchildren and six great-grandchildren; Dan to Rachel and their children Jake, Maddie, Olivia and Becca; Alan to

Janice and their children, Jorden and Brenden; Jennifer to Sam.

Lena and Mike took residence in Wynmoor, Coconut Creek, Florida in 1981 and Lena became active in her community. She became the Social Director of her building "2103 Lucaya II" and then became the building's Director. You can find Lena at BINGO, where she takes charge for the past 30+ years.

Mike passed away, in 2009, at the age of 92. He and Lena were married for 70 years.

Lena very much enjoys her friends and family, as you can see, came from near and far to joyfully celebrate her 100th Birthday. Over 100 people were in attendance to share this special milestone with her.

You are a Special woman, loved by many. We look forward to sharing 101!

Photos on page 17



Needle Click

By Barbara Bilello

We are a friendly group of ladies who enjoy knitting, crocheting, sewing, beadings, or simply, chatting and making new friends. We serve coffee, tea, and snacks. If you are new to Wynmoor and would like to make new friends, drop by and check us out. You will find most of the ladies are always busy making masterpieces for local organizations.

Some of the organizations that we continue to donate to are: Respect Life, Broward Outreach Center, and Northwest Hospital's Senior Care Program.

"Respect Life" is a ministry of the Archdiocese to uphold the sanctity of each human life from conception to natural death. They seek to implement a plan for "Pro-Life" activities. Their goal is to eliminate violence against unborn children, their mothers, and those who are dying. With five locations in Dade and Broward counties, the Respect Life Pregnancy Help Centers provide pregnancy tests, free limited ultrasound, material assistance, community referrals, and parenting classes for women and men. They also provide



the "Project Rachel Program," which reaches out to women, men, family members, and medical personnel, who are suffering from the aftermath of abortion. Our group of women greatly enjoy making various baby and children's clothing for this organization. To find out more information about this organization, or if you are interested in volunteering, please visit <http://www.respectlifemiami.org/>.

Another well-known organization that our ladies enjoy donating to, is the "Broward Outreach Center." This program has been serving the homeless and needy of Miami and Broward since 1922. They have helped men, women, and children with meals, safe shelter, life-changing residential programs, employment, and housing resulting in transformed lives. Our ladies enjoy visiting the center and donating hand-made shawls, sweaters, and blankets. To find out more information about this program, or if you are interested in volunteering, please visit <http://www.browardoutreachcenter.org/>.

Finally, we donate our work to the Northwest Hospital Senior Care Program. This facility improves the health of nursing home residents in our community. What better way to put a smile on someone's face than to give them a home-made piece of clothing. The residents love when

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Bahama	\$68,000 - \$83,000	4
Bermuda	\$65,000 - \$91,000	7
Bimini	\$80,000 - \$165,000	10
Cayman	\$93,000 - \$159,000	10
Eleuthera	\$91,000 - \$130,000	4
Granada	\$67,000 - \$104,000	14
Lucaya	\$55,000 - \$139,000	18
Martinique	\$75,000 - \$145,000	12
Nassau	\$70,000 - \$85,000	4
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We encourage your submissions. Please keep all articles timely, according to issue being published. Articles must be typed double spaced (upper and lower case), or **legibly** printed, signed and include the author's address and phone number. We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted material becomes the property of **The INSIDER** and will not be returned. The Insider is not responsible, and assumes no liability for the content expressed in any contributed material.

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WORD LIMITS:

NEIGHBORLY NEWS	200 Maximum
CLUBS	200 Maximum
PEN TO PAPER	250 Maximum
ARTICLES OF INTEREST	450 Maximum

Articles must be typed or legibly printed. Please identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.

Deadline: The 10th of each month at noon. This applies to all articles, photos, classified ads, etc.

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Security News

Dispatch: 954-978-2667

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules.

First Offense: \$25.00 Fine Second Offense: \$50.00 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

Your Security Alarm System

If your unit DOES NOT have an alarm system, contact Protection One at 954-956-9625. The office is located in the Main Security Building. Unit owners should also be aware that the Emergency Systems DO NOT work with MagicJack, U-Verse or Voice-Over IP (Like Vonage).

Your Guest List

There is no longer a permanent guest list. The new Wynmoor Gate System brings greater security to our community. Unit owners or tenants are responsible to call in their guest, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guest have their ID ready when approaching the gate for proper verification. Make sure your guests have the NAME and ADDRESS of the resident they are visiting.

Important Numbers

For Medical Emergencies Always Dial 9-1-1.

Security, Emergency:	954-978-2663
Automated Gate Access:	954-978-2666
Security Dispatch:	954-978-2667
Resident Registration Office:	954-978-2600, ext. 321
On Call Bus:.....	954-978-2667
Protection One:.....	954-956-9625
Coconut Creek Police, Non-Emergency:.....	954-973-6700

Hours of Operation

Administration/Pool/BBQ:	5:00 AM - 10:00 PM
Fitness Center:.....	5:00 AM - 10:00 PM
Country Club:.....	8:00 AM - 12:00 Midnight
Racquet Center:	6:00 AM - 11:00 PM
Theatre Complex:...	7:00 AM - 11:00 PM (unless there is a specific approved event)

BE AWARE! SCAMS ARE REAL!

- NEVER give out your personal information over the phone
- DON'T open emails from unfamiliar sources
- DON'T allow someone you do not know into your home (Contractors will always contact you before coming to your home).

If you see suspicious activity, please call Security at 954-978-2667

Security Starts With You!

The Summer hours for the Country Club Business Office are:

Monday through Sunday: 8:00 AM to 5:00 PM

Remember you will only be able to access the Insider newspaper box during these hours. These hours are until Nov. 5, 2017.

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YOUR COUNTY COMMISSIONER

By Mark Bogen, Broward County Commissioner

SAVE MONEY ON YOUR REAL ESTATE TAXES:

Last year my fellow county commissioners and I voted to approve an additional savings you can apply for regarding your real estate taxes. The requirements to save additional money are as follows: 1. Your condo must be your "homestead." It must be registered with the county as your homestead. 2. You must be 65 years of age and older. 3. Your combined income must be \$28,800 or less. However, you do not have to include your income from social security toward the \$28,800. For more information, you can contact my office at 954-357-7002 or the Property Appraiser's Office at 954-357-6830.

FOR NEW WYNMOOR RESIDENTS:

Elections for local, county, state and federal office will be held next year. If you have not registered to vote, we are happy to get you the proper paperwork. Please call my county commission office at 954-357-7002.

A NEW SCAM BEING AIMED AT WYNMOOR RESIDENTS:

You get a phone call and the person on the phone claims to be from the IRS. You are told that the IRS has not received your tax return and unless you send money in the next two days, you will be arrested. Or, you receive a phone call from someone claiming to be from your

local bank. You are told that someone is using your credit card without authority and the person is asking you personal questions to get confidential information from you. Or, you get a letter or email from someone promising you money if you assist them. All of these scams are interested in only one thing and that is getting your money or credit card information. REMEMBER, the IRS or your bank will not call you and ask you to send money or ask you for information.

NEW TOWING LAWS ARE NOW IN EFFECT

I am happy to inform you that I introduced new laws that involve the towing of vehicles. When a car is towed without the consent of the owner, the towing company now has to take pictures of all four sides of the car before the car is towed. Many times people would claim that their car suffered damage in the towing company's lot or after the car is towed. The towing company is required to save the pictures for more than one year. Also, if your car is towed and the towing company refuses to take your credit card or claims their credit card machine is broken, you are entitled to get your car out of the towing lot for free.

ANY COMPLAINTS ABOUT GOVERNMENT? NEED HELP?

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pen to paper

Attack Of The Killer Eggs

By Robert Winston

For those chosen few who are phobia free please allow me to clarify a few points, before getting into the meat of the story.

By definition, phobias are illogical. Be that as it may, it has an effect on how we function every day of our lives. For example, your fear of high places may prevent your going to work, especially if your office is on the seventy-fifth floor, or crossing a high bridge on foot or by car; maybe you're claustrophobic and be concerned when confined in a small space, an elevator for example; perhaps the sight of a spider is enough to freak you out. In short, your fears in some scenarios do not permit you to fully enjoy life; it can make you a prisoner of your fears

There are more than five hundred of these obsessive fears beginning with agoraphobia [fear of sexual abuse]; agrizoophobia [fear of wild animals], all the way to zelophobia [fear of jealousy] and zemmiphobia [fear of the great mole rat]. I could go on and on and list the more than five hundred phobias, but I think you already have the idea. Be assured that most of them, although real for the individual plagued by them, are thoroughly and absolutely ridiculous, and you should not lose any sleep thinking about what phobias you may or may not have.

Now, on with the narration.

Dante and I always had breakfast at LENNY'S. Not that the food was that great, but LENNY'S opened early, and it was conveniently located near our work site.

As soon as Lenny saw us drive into the parking lot he would immediately start our breakfast. Dante's fried eggs and ham, and mine, a toasted corn muffin.

"Don't you ever change your breakfast persona, a corn muffin, Good God, you are so damn boring. At least I try to confuse Lenny. Sometimes I order

scrambled eggs." Dante gave me his best-disgusted look.

Dante was my best friend, and I never took anything he said personally. Dante was Dante, that's all I can say. We went back a long, long way.

"I don't like eggs, the thought of them just nauseates me, is that unusual?"

He looked from the newspaper, put it down on a vacant seat. "Not only is it unusual, it's crazy. You got to see Friedrich. You got a serious problem. If you don't make an appointment I'm going to make one for you!"

Usually, Dante's advice was off the wall, but maybe for the first time in his life, he had a point. Besides, after ten years, I was getting sick of corn muffins.

"Okay *paision*, I'll do it!"

A week later I was sitting in a recliner in the doctors office. Friedrich was the local shrink noted for treating eating disorders and phobias.

I wasn't sure he was even listening to what I said as I rambled on about my distaste for eggs. He just took notes.

Without looking at me, "When did you first have these feelings?" More note taking.

"Everyone in my household eats eggs, not me, I can't eat them!"

I expected him to end the session. This was beyond phobia, all the way up to insanity.

More note taking. No response...seconds seemed like hours and then...

"We're making progress. I'm not sure, but it is quite possible that you are suffering what is known as Alektorophobia."

I had difficulty pronouncing it, "**Alektorophobia?** What's that?"

"Fear of chickens." He said, "Let's plan on next Wednesday, same time"

Inwardly I thought, don't hold your breath Doc. I'll try and survive without eggs. There are worse things in life! Alektorophobia? Cut me a break.

I get frustrated fast... lack patience... results, that's what I want, immediate

Pen to Paper continued on page 8

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pen to paper

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results.

Public Radio, 93.1 FM, is my station of choice. I tuned in after leaving his office. It was like an epiphany, an omen... "and now we will continue with our Dr. Seuss discussion." The host was interviewing Raymond Hamel who apparently critiqued much of Seuss' works. To my amazement they were discussing *GREEN EGGS AND HAM*.

Good grief! This had to be an epiphany I thought.

Hamel described the plot. *Sam I Am*, the main character, tries to get his friend to try green eggs and ham.

I thought to myself, I'm that guy, that's me! The only difference, and it's really not that different, I won't eat them regardless of the color.

Hamel continued:

Sam's friend insisted:

"I will not eat them in the rain

I do not like them on a train

I do not like them in a box

I will not eat them with a fox,,"

It wasn't *GONE WITH THE WIND*, but it was something I could relate to. I lost the radio reception at a critical time. How did the story end?

I did the next best thing and called my grandson Noah. "Sure Pop Pop, I read it, Sam gets his friend to try it and he likes it very much, do you want me to read it to you?"

"Not now Noah...love you...bye."

I kept my appointment with Friedrich.

Wednesdays followed Wednesdays... session followed session. Searching for the root cause. Back, back, back... analysis... nightmares... elliptical objects rolling toward me... yellow chicken embryos... all consuming... yellow eggs... green eggs...

"You mentioned age seventeen...what happened at age seventeen?" Friedrich looked up from his writing pad. **"What happened!?"**

"Did I mention seventeen?"

"Yes, that was important to you? Think about it. Next Wednesday, same time... let's look into this some more. Think, think...think! What happened?"

The shrink appeared to be more animated...he was almost shouting.

At our next meeting Friedrich probed more. "Seventeen...go on!"

"Mother had a fetish. Eggs, had to be fresh, brown, and the larger the better. Fresh really isn't the right word, they had to be super fresh. To guarantee this, they had to come directly from a chicken farmer, no middleman. This involved my making a three-hour automobile junket every Saturday. One hundred and four miles roundtrip, absolute insanity, and I hated it!"

"Good...excellent..." Friedrich almost screaming.

Additional revelations: being a sickly child, doctors advised mother that a diet of fresh eggs would be beneficial. True or false, who knows? I'm still alive.

Mother's fervor for fresh eggs vacuumed everyone in her path, most particularly my sister and her family. They became involved because it was their car that was used for the egg junket. By my complying with this absurdity I was permitted to use the vehicle for my personal pleasures. At age seventeen with raging hormones this was an absolute essential.

Mother tested the freshness of the eggs after each sortie, by placing each egg in a bowl filled with water. If it lay absolutely flat it was fresh. If it tilted, even slightly it was not. It was foolproof.

Dr. Friedrich, jokingly, "no more sessions are necessary, go forth and enjoy a good fried egg. Eat them for breakfast... lunch... dinner... eat, my friend, enjoy... you are cured... no more phobia."

I went to Lenny's with Dante and for the next four months ordered eggs of every descript... fried... poached... scrambled... you name it; I ate it.

Dr. Greenstein's nurse called me after I had taken my yearly physical several months after my last session with Dr. Friedrich.

"Bob, I've got some bad news for you."

"Should I sit down before you continue?"

"No," she said, "it's not that bad, but Dr. Greenstein wasn't pleased with your cholesterol level, and you have too much albumen in your urine."

"What does he want me to do?"

"Stay away from eggs!"

As Dr. Seuss wrote: *Sometimes the questions are complicated and the answers are simple.*

Was It Really That Wonderful To Grow Up In The Fifties?

By Peter Hardis

As I look back in time to when I was growing up in the Bronx during the 1950's I was just wondering to myself if in fact those times were as great as I think they were from where I stand today. It occurred to me that maybe nostalgia might have a way of playing tricks on one's mind. Perhaps it recreates the distant past in a way that brings to the fore memories that we glorify and elevate way beyond what they really deserve to be. In the end of this process we look back on those times as truly being the "good old days". Along with this there is something else I was thinking that also happens; our mind seems to also have the ability to conveniently obscure all the unpleasant things that happened to us in the past thus reinforcing that sense of nostalgia.

NO, I DID NOT COPY THAT PARAGRAPH FROM THE INTERNET!! Shame on you for even thinking that! But somehow I understand why you would be skeptical. I don't think that in any of my previous articles did I ever come close to displaying any sign of intelligence whatsoever so I can

Pen to Paper continued on page 9

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Denise moved to Ace Hardware Plaza



pen to paper

Pen to Paper continued from page 8

understand why you would doubt that I could possibly be smart enough to write something as brilliant as I wrote in the first paragraph. I'm just as shocked as you are!

I'm not going to present all the data I collected which substantiates my nostalgia theory about whether growing up in the 50's was as good as it is made out to be because I don't have any. But all the same I don't believe I even have to because if you also grew up in the 50's like I did then you know it's a slam dunk. What with all the great music; the magical TV programs we enjoyed; all of those wonderful games we played on the street; the great times we had hanging around at the neighborhood candy store and with so many other unbelievable things that we did at that time. Who would ever have the nerve to deny that those were certainly the very best most fabulous years anyone could have grown up in.

I know you are hoping that I am finally finished with this article. If you feel that way then maybe this is the perfect time for you to stop reading it. Believe me, I wouldn't be insulted. However I'm concerned for those of you who would feel shortchanged if I did end it here. So I decided to continue this with what I call a "bonus chapter" just for you.

In 1958 when I was sixteen I was hanging out with my friends outside of Jack's candy store. All of a sudden there appeared a girl I never saw before. I looked at her and instantly fell in love. She was staring at me with the same loving look in her eyes. That night the two of us fell in love with each other. When we were not in school we spent every minute of every day together. I even invited her to dinner at my house in order for her to meet my parents. Unfortunately my grandmother was there also. The next day my grandmother said the following to me, "This girl is going to be lots of trouble for you! Do yourself a favor and get rid of her. She's 'not our kind' and I hope you realize what I mean!" My grandmother never liked me or anything about me so I ignored her.

So Sharon (not her real name) and I continued to carry on our love affair and went steady for almost 4 years until this happened: Sharon along with her friends went to Coney Island one summer day. This guy, Vito Panzarelli (not his real name) started to talk to her. Apparently he went home and told his father he met a girl who he has to marry. "Dad please pull all the strings possible to make this happen for me." Apparently Mr. Panzarelli didn't have to pull too many strings. Almost one year later to the day out on Long Island at the Panzarelli home with almost 300 guests in attendance and with about 30 FBI agents outside the grounds taking pictures of all the arriving guests, the love of my life married Vito Panzarelli. Unlike my articles that you can find only in the Wynmoor "Insider" newspaper the wedding of the now Sharon Panzarelli was front page news in the "New York Daily Mirror", "The New York Post" and the "The New York Daily News". To this very day I strongly suspect that my grandmother and the Senior Mr. Panzarelli somehow or other joined forces to make sure that I finally got the point that neither one of them

believed, for me anyway that "THIS GIRL IS NOT OUR (MY) KIND!" I never saw Sharon again!!

So yes the 50's were a wonderful time in which to grow up but like any other time in one's life the reality is that unfortunately it could deliver its fair share of misery also!

My Afghan Friend

By Morris L. Jampol

Afghanistan has been in the news for the past decade but before that was unknown to most Americans. But not to me. When I was about ten years old, my family had lived in a semi-detached home in Brooklyn, New York. The house was one in a row of about twenty similar homes all heated at that time with a coal-fired furnace. This required feeding coal several times per day as well as removal of the ashes and bringing them curbside for removal each morning. To perform this laborious task the homeowners hired a 'janitor' who would regularly perform this service for most of the homes on the block. He would go from house to house each day to laboriously fuel the heating systems and keep the homes warm.

Our janitor was a man of about sixty years of age. He had come from Afghanistan and his English language was minimal. He was called Mr. Shah. Mr. Shah had no family with him. He lived in the basement of one of the homes he serviced and was a quiet dependable worker. He seemed to have no friends and there was no social contact between him and his employers except when he was paid his small monthly salary.

One day Mr. Shah approached me to ask me whether I could write a letter for him to his family or friends in Afghanistan. I agreed and accompanied him to his basement residence. I quickly learned that he was illiterate and this was not unusual for Afghans. His full name was said Mohammed Zaman Shah and that he did have family somewhere in Afghanistan. He never did say why he lived here alone several thousand miles from his kinfolk. Nor did he say who would translate his letter back in Afghanistan. I dutifully wrote out his dictated words and he thanked me for my efforts. I told Mr. Shah that I was a stamp collector and would he give me the stamps from the letters he received from home. This he regularly did when I would write for him. He would also occasionally give me a small gift such as a ball or a pair of gloves for Christmas. I would reciprocate by helping him make some purchases when he had to go to a department store.

Our friendship continued for many years. With the arrival of oil burning furnaces in our community, Mr. Shah's services were no longer needed. Nevertheless he did not leave the community and continued to live in his basement abode with the kindness of his landlord owner. Not too long afterward he became ill with heart failure and had to be hospitalized. I

Pen to Paper continued on page 11

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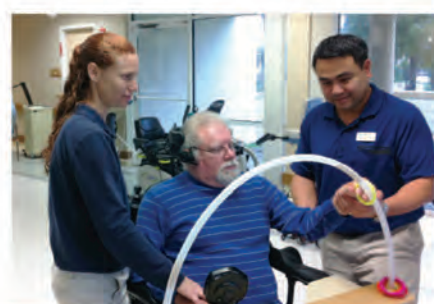

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pen to paper

Pen to Paper continued from page 9

was the only one to visit him regularly until his demise. To this day I still wonder about him and why he had transplanted himself so far away from his beginnings.

My Grandmother's Cow

By Frank Lemco
Chapter Three of Three

For two days Chernigov was a virtual battlefield where the aggressors were unopposed. They found only victims. For no single Jew chose to return the blows. Blood was spilled everywhere. Whole families suffered pain and brutality. Two children were slain and their bodies dismembered. The sole Jewish doctor could only handle the very serious wounds and fractures. But beyond all the physical pain and the destruction of property, was the ignominy of this episode of sheer hatred of Jews. The bearer of a terrible falsehood had transformed a peaceful community into a near holocaust and a near wasteland. And when the brazen falsehood was disproven some time later, and the village had started to rebuild itself from the ashes, there was no one to shout, "it must never happen again". No soul would say "enough". Did I say no one? Well almost no one. Save my mother's sister Malca. At a very young age Malca fell under the spell of Theodore Herzl and his prophecies

of a return to Zion. She was a member of a Socialist-Zionist youth group, and was working on a Jewish collective farm near Odessa, when the Jews of Chernigov were attacked. When a letter reached, her describing the terrible events, she speedily returned to her village to offer succor to her stricken family. Finding distrust and disorganization everywhere, she summoned a few of her friends, with similar ideals, and held a spirited meeting with leaders of the Jewish community. On one point they all agreed, that anti-semitism would accompany Jews everywhere in the Gentile world. Only in Palestine would the Jewish people know pride, and be free from the contempt of the Gentile.

And so, it was decided to send an advance group of 'halutzim' (pioneers) to the Holy Land. The community provided the 'chaverim' (friends) with whatever farm implements they could spare. Spades, pitchforks, warm clothing, and seeds. Within a fortnight six young people left Chernigov to forge their future in the soil of the Galilee. But before they departed, my grandmother delivered her prize cow to the leader. Her beautiful Sonya, with an unborn calf, would now undertake an 'aliya' (home-coming) with the small group. And so today, we know why Israel is called the 'land of milk and honey'. Without a doubt, Minnie's cow contributed the milk. As for the honey? Well, that's a bee-utiful story which would later unfold.

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Continued from cover

we visit, and appreciate our gifts so much! To find out more information on this center, please visit <http://nwhospital.org/medical-services/senior-care-program/>

I want to welcome Maralyn Wallace to our club! During our last meeting, she met so many new friends and our own friend, Janet even taught her how to crochet! Maralyn had her two grandchildren with her, Jillian, age 10, and Jenna, age 4. The two girls were just as happy as can be to be doing a “big girl” activity with their Bubbie! Our very

own Carol enjoyed teaching Jillian how to crochet! Jillian picked it up so quickly and told us she could not wait to try it again!

If you know anyone who has yarn that they would like to donate, please call me (Barbara) at 754-222-6375. I will gladly pick it up. Hope to see you soon!

Our August meetings are on the 8th and the 22nd from 1:00-4:00 PM in the West Wing. Mark your calendars for the second and fourth Tuesday of each month. Please make sure to come visit our meetings.



Rose, knitting a beautiful tank top.



Front row left to right: Maralyn, Olga, Helene, Rose, Josephine, Cory, Carol
Back row left to right: Janet, Sydelle, Elise, Vi, Barbara, Tamara



Knitters, happily at work!

Signs Of Unsafe Driving In Older Adults

(NAPS)—The National Highway Traffic Safety Administration (NHTSA) estimates that there are more than 38 million drivers age 65 and older. Age is not the only factor that can impact driving abilities, but it is an important one. There is evidence that most people experience age-related declines in physical and mental abilities. These changes—which can affect everything from vision to how quickly you can make decisions—influence how well you can drive. They can also be difficult to address for yourself or with older people you know, since driving often represents freedom, independence and control.

But transitioning from driving doesn't mean you have to lose these things. Your health care providers or Area Agency on Aging (www.eldercare.gov) can point you toward a range of transportation alternatives in the community. The first step toward finding those tools is recognizing when you might need them.



Are medicines affecting your driving? Some medications can make people feel drowsy and less alert or can limit the ability to pay attention. Some prescriptions even warn against driving. Review medications with your primary care provider or a pharmacist to see whether certain medicines might impact driving.

Signs that an Older Adult's Driving Skills Need Testing

So how do you know whether you or an older adult you know is developing difficulties as a driver? These issues can be warning signs that suggest that an older driver may need to be tested or evaluated:

- Getting lost in familiar areas
 - Ignoring traffic signs and signals
 - Becoming easily agitated or angered
 - Falling asleep or being unable to concentrate when driving
 - Reacting too slowly to dangerous situations
 - Forgetting or ignoring driving basics (like yielding to the right of way)
 - Having trouble judging distances.
- Visit www.HealthinAging.org for more.

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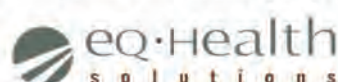
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Senior Medicare Patrol continues to empower and assist Medicare beneficiaries, their families and caretakers to protect, detect and report health care fraud, errors, and abuse through outreach, counseling and education. Please feel free to share this alert with others to prevent becoming a victim. Call 1-877-272-8720 to schedule a free educational session for your seniors to be presented by one of our SMP Outreach Specialists or hear information about becoming a volunteer for Senior Medicare Patrol.

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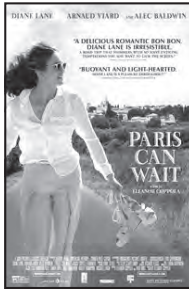
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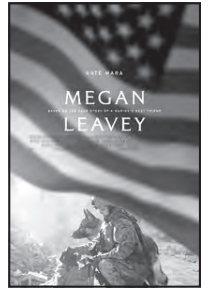
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Monday	Aug. 7	8 PM
Tuesday	Aug. 8	8 PM
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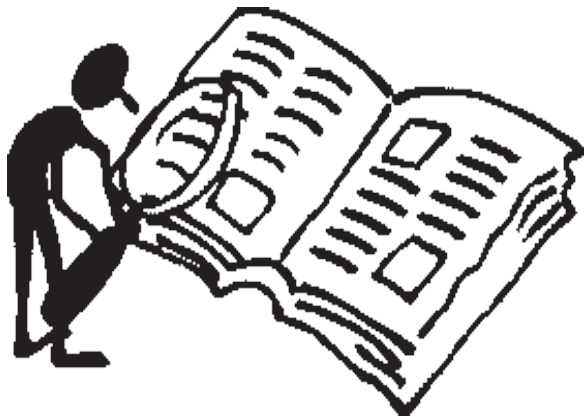
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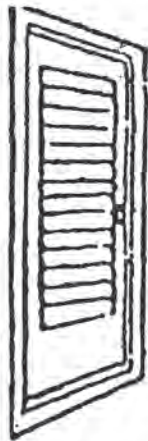
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Please Join Us for a Distribution of Amplified Phones:

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The CHC is an authorized distributor for Florida Telecommunications Relay, Inc. (FTRI), a statewide non-profit that provides SPECIALIZED TELEPHONES, at NO COST to ALL eligible Florida Residents with hearing loss.



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Bingo will be held
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Doors open
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game begins
at 7 PM.

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residents
are welcome!



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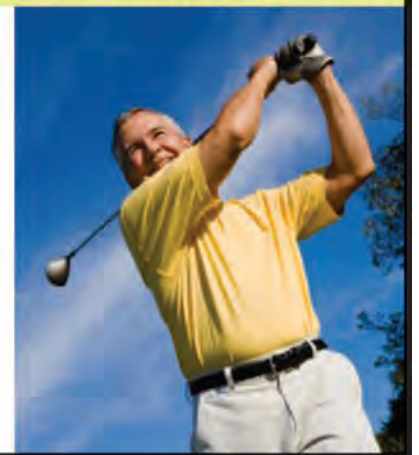
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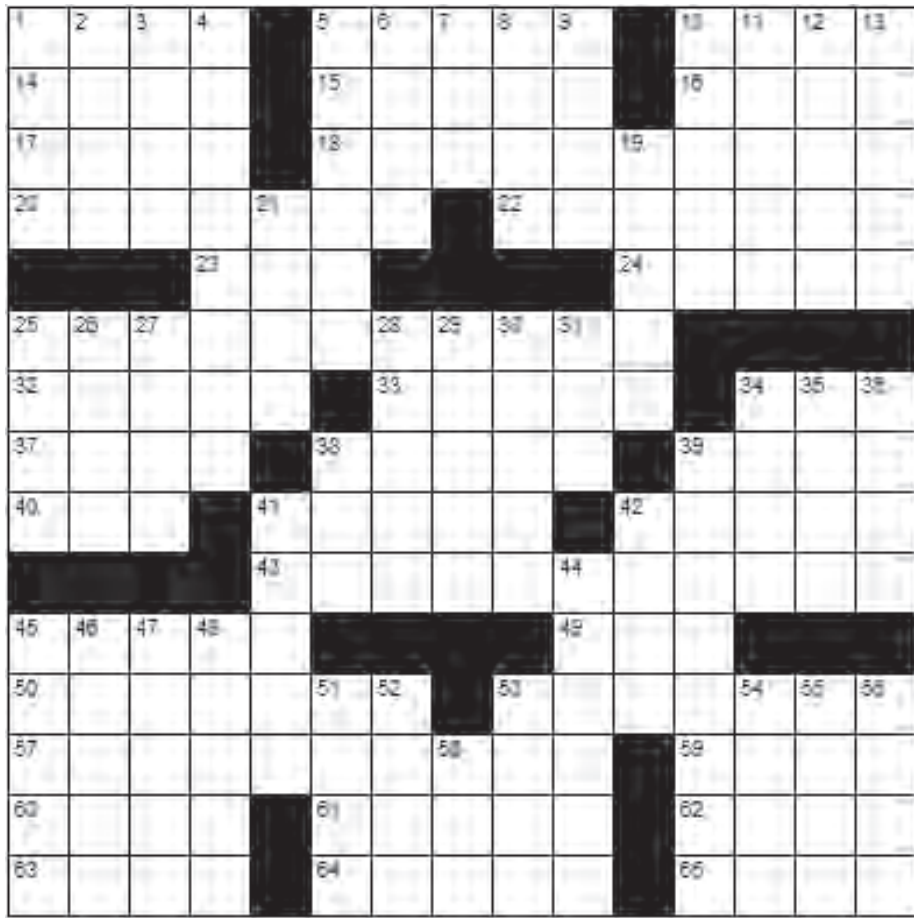
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Puzzles and Games

Solutions on page 54

Crossword Puzzle



ACROSS

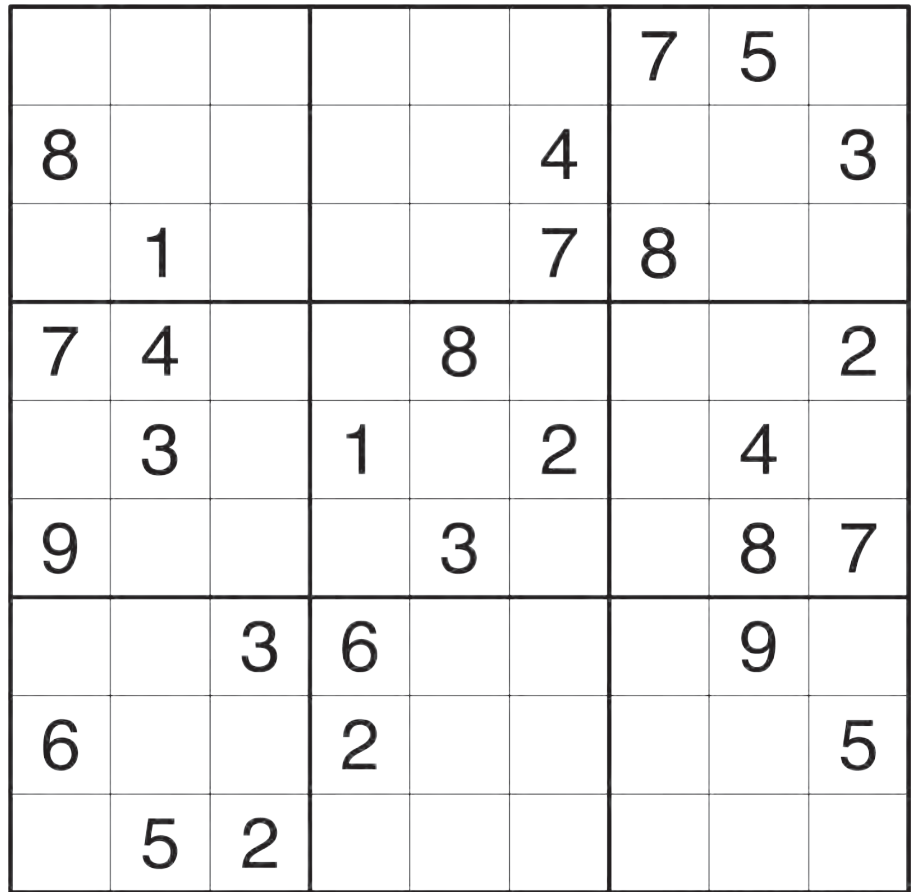
- 1. Unit of land
- 5. Despise
- 10. Sponge
- 14. Verse
- 15. Pee
- 16. 1 1 1 1
- 17. Type of sword
- 18. Equivalent
- 20. Deprive of by deceit
- 22. Opening
- 23. Athletic facility
- 24. Daisylike bloom
- 25. Movie scripts
- 32. Long times
- 33. Seraglio
- 34. Hit on the head
- 37. A man's skirt
- 38. Connecting points
- 39. Python
- 40. L
- 41. Basic belief
- 42. Stuns
- 43. Stone craftsmen
- 45. A kind of macaw
- 49. Lyric poem
- 50. Photo devices

DOWN

- 53. Drool
- 57. Unfeeling
- 59. Wings
- 60. Pickle flavoring
- 61. Blockage of the intestine
- 62. Attraction
- 63. Appear
- 64. Aware
- 65. Extend credit
- 1. Copied
- 2. Make do
- 3. Coral barrier
- 4. Nascent
- 5. A late season
- 6. Actor Pitt
- 7. Ancient unit of measure
- 8. Savvy about
- 9. Back
- 10. Barks
- 11. Arctic native
- 12. British penny
- 13. Fruity-smelling compound
- 19. An unwholesome atmosphere

- 21. Yeses
- 25. Rice beer
- 26. Cover with plaster
- 27. Somersault
- 28. Record player
- 29. Burdened
- 30. Mountain crest
- 31. Aye
- 34. Clown
- 35. Portent
- 36. Overtake
- 38. Mesh
- 39. America's favorite pastime
- 41. Russian emperors
- 42. Carpenter's groove
- 44. Assault sexually
- 45. Corrosives
- 46. Bog hemp
- 47. Enough
- 48. Kingdom
- 51. Largest continent
- 52. Window ledge
- 53. Aspersion
- 54. Color of the sky
- 55. Acquire deservedly
- 56. Marsh plant
- 58. Spelling contest

Sudoku



© 2013 KrazyDad.com

Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

Astronomy

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.

T H T F A R C E C A P S P E L F A I R S
 O R B I T S R T S P M E M I E V R E S O
 N T O D S P S A E A R I G O O T I Q H R
 S S F I R A U O T I T H L N O R O U E E
 R O T O E C N E G S T E R K U N B I C D
 A L E R M E O E P Y Y E L A Y B O N A G
 S A C E O S E N E O P R T L L W N O P I
 L R L T N H T A S U C N A E I S A X S A
 U W I S O U R R S T E S F N O T M Y P N
 P I P A R T A H E C E R E L I M E A E T
 O N S P T T O N A G A L A L W B T U E G
 A D E O S L A M A W S R L Y E S E R D A
 L R D G A E I L D R S A E A T T O O N L
 U E I E E X A E A Y I L N L T I R R C I
 B T T E O X T S S I R A L O P I V A E L
 E A A R I I A T M O S P H E R E O A S E
 N R P E H U E L O H K C A L B O K N R O
 R C S W Q M M U N I V E R S E S C T A G
 A N D R O M E D A G A L A X Y R O N P G

- | | | | |
|------------------|------------|------------------|---------------|
| ANDROMEDA GALAXY | DEEP SPACE | MOON | SOLAR SYSTEM |
| APOGEE | ECLIPSE | NEBULA | SOLAR WIND |
| ASTEROID | EQUINOX | ORBIT | SPACE SHUTTLE |
| ASTRONOMER | GALAXIES | PARSEC | SPACECRAFT |
| ATMOSPHERE | GALILEO | PERIGEE | STARS |
| AURORA | GRAVITY | POLARIS | SUN |
| BINARY STAR | HUBBLE | PROXIMA CENTAURI | SUPERNOVA |
| BLACK HOLE | KEPLER | PULSARS | TELESCOPE |
| CONSTELLATION | LIGHT YEAR | QUASARS | TIDES |
| CORONA | METEOR | RED GIANT | UNIVERSE |
| CRATER | MILKY WAY | SATELLITE | WHITE DWARF |

a WORD or Two

Word: exponent

Definition: a symbol written above and to the right of a mathematical expression to indicate the operation of raising to a power

Example: "As the leading *exponent* of naturalism in fiction, (Émile) Zola believed in the clinically accurate depiction of all aspects of human life."

— Adam Kirsch, The New Statesman, 18 Jan. 2017

Word: laconic

Definition: using or involving the use of a minimum of words : concise to the point of seeming rude or mysterious

Example: The reporters had a hard time getting the *laconic* quarterback to share his thoughts after the tough loss.

Probate And How To Avoid It

By Martin Zevin, Attorney

Probate is a formal court proceeding to distribute assets when a person dies. Probate can occur with or without a Last Will and Testament.

Probate is necessary in Florida when a person dies owning any type of property (real estate, stocks, bank accounts, etc.) in his or her name alone without any named beneficiaries. For example, if a husband and wife have a joint bank account and one of them passes away, there will be no probate necessary because the survivor still owns the account. However, if the survivor then passes away and has not named a beneficiary on the account, that asset would have to be probated. A bank will allow you to designate beneficiaries with a form called "payable on death," "transfer on death," or "in trust for." Similarly, if a person has a brokerage account either in joint names or with a named beneficiary, that account will not have to be probated but will go automatically to the beneficiary upon the death of the account holder. This is true with life insurance policies, annuities, retirement accounts, etc. Therefore, it is possible to avoid probate on most assets by simply designating beneficiaries.

However, real estate is different. It is not advisable (for legal and tax reasons) to add children's names to a Deed. If a home is owned jointly by a husband and wife and they both die, their heirs will need to go through the probate process. While the property is tied up in Probate, expenses must continue to be paid. This includes taxes, maintenance, utilities, etc.

Probate in Florida generally lasts about a year. The Probate courts in South Florida generally take longer than the rest of the state. It involves filing the original Will (if there is one) and preparing initial pleadings requesting that the Court appoint the Personal Representative designated in the Will in a court Order called "Letters of Administration." If there is no Will, the closest blood relative can ask to be appointed Personal Representative. Once the Letters of Administration are issued, it is required that there be a



publication in the newspaper, primarily so that any creditors can put in a claim against the Estate. This would include credit card debt, unpaid hospital and doctor bills, unpaid funeral expenses, etc. Florida law requires that no assets can be distributed for the first ninety days from the date of first publication. If the only asset that is being probated is the home of the deceased, the Court can be petitioned to declare the property homestead, thereby exempting it from claims of creditors.

Florida Law entitles an attorney to charge up to 3% of the gross value of the assets that are being probated. A lawyer can charge less than the 3% but not more if the fee is based on a percentage. Lawyers can also charge an hourly rate if the client (the Personal Representative of the Estate) agrees to substitute the hourly rate for the percentage.

However, it is definitely preferable to agree to a specific percentage, which may be negotiated below the 3%; otherwise, there is an unlimited ceiling for an hourly rate. The Personal Representative is also entitled to a similar fee.

The entire probate process can be avoided by creating a Revocable Living Trust and transferring via a Deed any real estate owned in Florida (or other states) to the owner as Trustee of the Trust. If all other assets have payable on death beneficiaries, the Will can be filed but not probated.

This article summarizes some of the general aspects of the probate process and avoiding it with a Revocable Living Trust. I offer a free consultation for all matters regarding Wills, Trusts, Probate and Estate Planning, as well as advanced care directives such as Durable Power of Attorney, Health Care Surrogate and Living Will. Please feel free to contact me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204 (just east of Powerline) Deerfield Beach, Florida 33442. My website is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com.

See ad on page 7

POETS *and* POETRY

This Condition

By Judith Bobker

*I had not taken pen in hand
For many weeks on end,
As inspiration failed me, I
Began to comprehend
That this might be what I've yearned for-
No more unbidden thought,
A mind that's not subjected to
A verbalized onslaught,
A night when I don't lie awake
And pray that I can find
A way to mollify and brake
An over-active mind,
A time when I won't have to face
The ever daunting days
With bleary eyes and listless pace,
In a lethargic haze.
But no, I was mistaken, for
It's even worse somehow,
My mind is whirling more and more,
And there's a new twist now,
I do not have a single thought
That I don't put in rhyme,
And it could be, as like as not,
I'll lose that mind in time.
This sad condition, entre-nous,
Is one I did not merit,
And there is nothing I can do
But simply grin and bear it.*

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HISTORY CORNER

By Phil Edwards

The Revolutionary War/The Far Side of Glory



Killed in action. The gut wrenching news that a son or daughter has died in action defending the country is devastating. There is no relief for the pain. At the funeral, a flag is given to the family as a symbolic gesture of gratitude for the ultimate sacrifice given in defense of the country. The only refuge for survivors is the knowledge that their loved one died heroically, facing the enemy, to defend our way of life.

What if there is no burial, no flag, no fighting the enemy, but just decay and death? Laying in your own filth, packed like sardines in the hole of a prison ship, cold and starving, your body gives out to hunger, dysentery and disease. When your time comes, you are carted away with hundreds of other corpses of patriots and buried in a mass grave.

So went our revolution against England. Over 6000 soldiers died facing the enemy on the battle field. The worse tragedy is that over 15,000 lost their lives as prisoners of war on prison ships and other makeshift prisons on land. In both situations, the vast majority of prisoners died. The POWs were not given proper food, clothing, medical attention or sanitary living conditions. They were tortured and habitually abused by guards. The most notorious prison ship, HMS Jersey, was anchored with a dozen other prison ships in New York harbor. It had a reputation for cruelty and brutality towards Americans. Daily, a dozen men or more died on HMS Jersey and were dragged up on deck and taken to unmarked graves. This treatment of prisoners was a strategy of the British high command to break the American spirit. Petitions to the English King and Parliament

went unheeded.

In spite of this treatment, we won our independence from England. The loss was stunning because the British were the greatest military power in the world at that time. They had the most fire power, the best military minds, the biggest navy, and the most experienced army in the world. The world knew it, they knew it, and we knew it. The English considered themselves more sophisticated than us, more civil, more refined, more intelligent, and more advanced. We believed it also. What stunned us was how such a sophisticated culture could be so cruel as to starve so many to death who were under their care.

We believe as a nation that civility goes beyond good manners, formal etiquette, proper pronunciation, or being well bred. Perhaps this English superior attitude contributed to their defeat. At the heart of civility is respect for the other person. Americans rebelled against arrogance and tyranny, and many paid the ultimate price to declare that all people are created equal and all people deserve respect.

Those 15,000 prisoners who had their lives taken from them by cruel and heartless tyrants never saw the glory of their sacrifice. However, they died for a cause greater than all of us. They sacrificed their lives for their self-respect and the privilege to live life as they saw fit. The sacrifice for freedom is great and most of the time it is not recognized.

For comments, go to Phil's website, chooserrightly.com and click "Article of the Month."

Honor the Memory of Anne Frank and Witness History Come Alive with Dream Vacations – Scavron, Shatz & Associates



Cruise with Anne Frank's neighbor Pieter Kohnstam and Historian Rian Verhoeven aboard AmaStella from Amsterdam to Basel in April 2018

Dream Vacations Franchise Owner Cheryl Scavron is hosting the "History Comes Alive" cruise featuring author and Holocaust survivor Pieter Kohnstam, neighbor and childhood friend of Anne Frank, as well as historian Rian Verhoeven who wrote the book *Anne Frank: Beyond the Diary*. The experience begins on Saturday, April 21, 2018, with two days in Amsterdam before boarding the AmaStella for a seven-night voyage on the Rhine River, ending in Basel, Switzerland.

"This is a once-in-a-lifetime opportunity to get a personal introspection into Anne Frank's life and access to a renowned World War II historian in the place where the actual events occurred," said Cheryl Scavron, Dream Vacations franchise owner. "It is going to be a thought-provoking, emotional and memorable trip that is not to be missed."

Before the cruise begins, guests will have two days to walk the streets of Anne Frank's neighborhood and learn what it was like to live in pre-Nazi Amsterdam. Verhoeven will join the group for those two days, retracing Frank's steps and sharing historical insight on the Frank and U.S. connection; Kohnstam will reflect on his first-hand account of watching Frank walk alone to her hiding space, while his family fled that night beginning their 10-month harrowing journey to freedom. He will continue telling his story with the group cruise down the Rhine River, which will visit historic towns in World

War II such as Cologne and Heidelberg, Germany and Strasbourg, France among other stops.

As part of World Travel Holdings, one of the nation's top travel retail networks, Dream Vacations offers consumers the lowest possible pricing on cruise and land vacations through its relationships with every major cruise line and many tour operators.

Fares start at \$4,193 per person, do not include airfare and are based on double occupancy. Space is limited and available on a first come, first served basis. For more information on the "History Comes Alive" cruise, or to book your trip with Dream Vacations, please call **954-227-7772** or visit www.YCruise.com.

About Dream Vacations

Dream Vacations is part of World Travel Holdings, the world's largest cruise agency and award-winning leisure travel company. As an experiential brand, Dream Vacations is the only travel franchise opportunity to have a name that speaks to the variety of vacation experiences its franchisees sell. With unrivaled buying power, franchisees can provide competitive prices and exclusive offers when selling memorable vacation experiences such as cruises, resort stays and land tours.

What's Happening

The Liberal Jewish Temple

By Joan Sampson

I know it seems early (and much too hot) to be preparing for the High Holiday events but it's what we must do. To begin, we're having our very first "Annual Sale of Honey" for Rosh Hashonah. It's a nice sized jar – not at all stingy, fairly priced, makes a sweet gift and is smart to have handy in the kitchen. Call Iris Arlan at 954-932-5268. This really is an all-year-round item.

Before the services at 8:00 PM on the eve of Rosh Hashonah, on the 20th of September there will be a Holiday dinner served at Lester's – very private, very good and very sociable. Call Judy at 954-971-4748.

This year we're honored to have our spiritual leaders for the High Holidays, wonderful Rabbi Leon Olenick and Cantor Jan Courte. For tickets call Ronny Sydney at 954-973-7522. Regular Friday night Services are August 4th and 18th with our own Rabbi Steve Texon, his beautiful voice and his deep knowledge of the Torah.

And now for our fabu-licious Annual Break-Fast in Wynmoor's West Wing! It will be catered by Bagel Snack, same as last year and same price! Call Linda for details at 954-984-0939. Bless us all and keep us well.

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- Once you're gone – The Security Department will enter your unit once a week to check you're A/C, check for water leaks and check for other situations that may arise while away. You're A/C settings will be placed on 77 degrees and your humidistat will be place in the on position.

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- September 5th and 7th; 9:00 AM to 12:00 PM
- October 2nd and 4th; 1:00 to 4:00 PM
- November 6th and 8th; 9:00 AM to 12:00 PM
- December 4th and 6th; 1:00 to 4:00 PM
- Each participant is required to attend both classes
- Registration must be completed by Noon Friday, prior to the start of the course
- \$15.00 for members
- \$20.00 for non-members
- All checks are made payable to AARP on the first day of course
- Courses available for Wynmoor Residents only

Questions? Call 954-978-2600, press 1.

Register at the Recreation Office, Monday – Friday 8:00 AM to 4:45 PM and Country Club Business Office, 8:00 AM to 12:45 PM and 2:00 to 5:00 PM.



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The INSIDER Editor

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City Matters

By Commissioner, Mikkie Belvedere

Happy birthday and happy anniversary to all celebrating this month.

This is the time of year to look over the proposed city budget. Work has been done for the past few months and now is the time to hold some public hearings and to adopt a final budget by September 30th. The city has grown to over 57,000 residents and because the city was developed primarily for residential use with a good mix of singles, families and retirees the city is using strong economic development initiatives to encourage new businesses to come to Coconut Creek to help defray some of the tax burdens on residents. The city provides many services such as: police, fire rescue, parks and recreation, construction and maintenance of streets, water, waste water and more. The city has to make sure to invest in the infrastructure in order to meet the needs of our residents and businesses. Our city is ranked 15th among the 31 cities in Broward County. Some of the businesses on the horizon are Residence Inn by Marriott, Gupta Medical Center and Clarity Point Memory Care



Facility. Also, the refurbishing and renewing of Windmill Park to be completed midyear 2018. Some of the park features will be: additional parking, restrooms, pavilions. Also, green playing areas, exercise stations, lighted pathways, ADA improvements, resurfacing basketball and tennis courts. And the refurbishing and adding to the dog park. All good news. For more information go to www.coconutcreek.net.

On August 15th, India will be celebrating their 71st Independence Day. The sport of kite flying with many kites flown from rooftop and fields expresses the free spirit of India. To our Indian neighbors, Happy

Independence Day!

August also has some wacky days. The first Sunday is International Forgiveness Day. The second week is National Smile Week. The 16th is Tell a Joke Day and the 31st is National Trail Mix Day. Have fun this summer, stay hydrated, remember we are still in hurricane season.

For questions, comments or a meeting, call me at 954-803-7696, or email me at mbelvedere@coconutcreek.net



Aruba

By Linda Kryshka

I just got back from my travels to Aruba. It was good to see a thriving economy. Construction seemed to be up from past years. New hotels were being built, as well as homes and waterfront condominiums. It was also clear to see, that the restaurants, both old and new were doing exceptionally well. A reservation is always suggested, even in the off-season. This helps to alleviate long waiting and provides a steady flow of people.

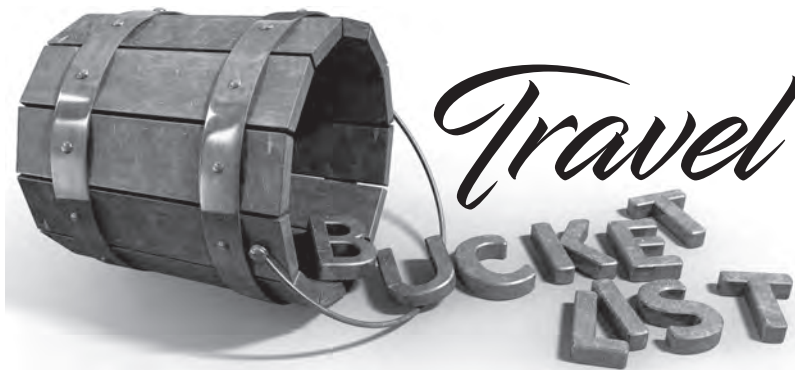
Dining is always a topic of conversation while at the pool or on the beach. Where have you eaten? Where are you eating tonight? Have you tried this, or have you tried that?

I try to visit new dining spots with each visit. This time, we visited Wacky Wahoo. The food was exceptional to say the least. The special of that day was blackened barracuda with lobster tail on top. This sat atop island rice, served with vegetables, island corn bread, and plantains.

And, speaking of the beach, there are several. One, nicer than the other, offering different strokes for different folks. The sands are soft and white and the water is crystal clear. There is always a cool breeze, which makes this island different from other islands I have visited in the past.

The locals are very friendly and welcoming.

For those of you who have never visited this friendly island, maybe putting it on your bucket list is something to consider.



Many of you have a list of dream vacations, and some of us have travelled to places that others could only dream of.

Let us know where you have visited.

Maybe your trip will inspire someone to include it on their "Travel Bucket List!"



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Taking a Bite Out of Food Oversight Just Bites us Back

By Michael Roizen, M.D., and Mehmet Oz, M.D.

Little to nothing in the Affordable Care Act or the Republican replacement effort gets at the issue of reducing health care costs by stopping the true cause of runaway spending: the enormous increase in the prevalence of chronic diseases. Chronic disease is increasing seven times faster than our population: In 1974, Type 2 diabetes affected 2.2 million Americans. Today? 29 million! Hip and knee replacements have increased annually from 64,000 to over 1 million. You get the picture.

Why has this happened? Our genes haven't changed. Our habits and culture have. We need a massive effort to save America ... and we think a culture change and a new set of rules instituted by the government (if your representatives have the cojones) are needed.

Regulations Work; Lack of Regulations Causes Big Problems

Research looking at the safety and effectiveness of government food regulations has shown that responsible rules and regulations can pay big dividends -- not only when it comes to saving lives and preventing the suffering of millions of YOU, but also by saving big bucks and making our health care system run more smoothly and efficiently. Let's start with a look at how food policies could, and do, affect those suffering from heart disease.

In a recent study from the University of Liverpool School of Public Health, researchers estimated that in the United States a 10 percent tax on sugar-sweetened beverages could prevent 31,000 deaths from cardiovascular disease every year. Clearly, if government policy and regulations helped reduce consumption of sugary beverages, the benefits would be huge. But there's no reason to stop with policies that impact sugary drinks ...

The researchers also found that instituting a 10 percent subsidy for fruit and vegetables nationally could potentially result in 150,500 fewer CVD deaths in the U.S. by 2030. A 30 percent fruit and vegetable subsidy targeting only food stamp recipients was estimated to avert 35,100 CVD deaths and erase economic disparities in health outcomes; a mass media campaign to change dietary habits might avert 25,800 CVD deaths. Instituting all of the above could improve the health of the nation and the wealth of the country.

Plus, as we have reported before, the scheduled 2018 ban on trans



fats could immediately produce more than \$60 billion in annual health care savings!

The Bill for NOT Acting

Nearly 800,000 Americans die annually from cardiovascular diseases. An appalling \$1 BILLION dollars a day is spent on medical costs and lost productivity related to heart disease and stroke. By 2030, annual direct medical costs associated with CVD will hit more than \$818 billion; lost productivity costs could exceed \$275 billion. We can and must improve on those numbers, since most cardiovascular disease is preventable!

What to Do

Personally and as a country we need to stand up to the multibillion-dollar marketing campaigns of businesses that care only about their profits and get the word out about the biased studies that the beverage and food industry spew out annually.

The country needs to launch public-health information campaigns to let us know this is a war for America's survival, and promote laws that reign in excesses. Parents and all individuals must simply say "no" to stuff that is poisoning their health and the health of their children. We suggest a three-prong effort:

1. Write your local and national representatives asking that they stand up for your right to have healthy, unadulterated food; enact regulations that ban food advertising to kids; support the trans fat ban; and consider creating incentives to buy healthier foods.

2. Change YOUR purchasing habits. Nothing talks directly to companies like a loss of business. Don't buy sugary beverages or highly processed foods.

3. Educate your kids about making healthy, tasty food choices. If you can help them love foods that love them back, you'll be promoting a healthier, happier future for them and that can help keep cardiovascular disease from bankrupting the country.

* * *

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit www.sharecare.com.

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LIVING IN BALANCE



By Debbie Cohen, LCSW

Insights Into Anger

One emotion that most people don't enjoy is the state of anger. Often this feeling puts us on edge and we feel ready to explode. It can get displaced and projected on people who aren't even the source of the anger. We then lash out at the person who is closest to us instead.

Lyman Abbott said, "Do not teach your children never to be angry; teach them how to be angry." This quote points to the importance of recognizing, clarifying and having a fruitful way to deal with difficult emotions. We can't magically get rid of anger, agitation and frustration, but we can find ways to gain understanding and engage in healthier responses. Suppression is not the answer.

Stepping back to see the nature of the interaction is a way to gain insight. For instance, a friend of mine was furious that her boyfriend "controlled" her by always picking the movies and restaurants for their weekends. When I asked her if she contributed her own suggestions, she realized that her tendency is to tell him that she doesn't care where they go. At the same time, she felt that if he cared, he would insist on finding out her "true preferences." Do you want

the other person to draw out your interests and feel slighted if that doesn't happen? Wanting the other person to be a mind-reader can often be a source of why we feel hurt or angry with those close to us.

I love this quote by Julianne Nielson, "Anger that is getting in the way of happiness needs decluttering. Begin by refusing to blame others for your moods." But, wait a minute! Shouldn't we blame others if they are being thoughtless, mean-spirited or spiteful? Being around someone who is aggressive towards you or full of negative emotions is not healthy. It is important to leave the situation if it's harmful or to speak up and see if it can be transformed. However, it is useful to see **why** certain people are in our lives and if there a reason we invited them in and/or continue to stay in this pattern.

Other situations that spark angry reactions may involve a total stranger that we encounter while driving, waiting on a supermarket line or when we're out in a public setting. It can be someone taking up two parking spaces or speaking with disrespect to their grandmother. If you speak up in these situations to someone you don't know, it may trigger the other person's defensiveness or anger. How do you stay calm and use these situations for self-knowledge?

Lashing out will solve nothing. Try to remember that you don't know the circumstances of the person or what the reasons are for his or her behavior. A woven story may be internally repeated that is believed and seems to justify the behavior. Take a moment to think of some things you've done that you aren't proud of and use that to be in his or her shoes. Pause and see if saying something will be received well or backfire. If you aren't in a reactive state, your words may be helpful, but only if the other person can hear them too.

Mark Twain said, "Anger can do more harm to the vessel in which it's stored than to anything on which it's poured." Our negative emotions are wonderful tools to help us grow, decipher what disturbs us, learn compassion and reach a deeper peace.

Debbie Cohen, LCSW, is a licensed social worker in Coconut Creek. Write her with any questions or topics for future issues at quietmind2000@yahoo.com

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Look Beyond U.S. Borders for Investment Opportunities

Are you traveling abroad this summer? If so, you won't be alone. Increasingly, Americans seem to have gotten the "travel bug." In fact, over one-third of the population now holds valid passports, according to the U.S. Department of State. Of course, seeing the world can help broaden our horizons in many aspects of life — including how we invest.

Investment prospects now exist in every part of the planet.

However, you might wonder *why* you should invest globally. Aren't there enough good opportunities right here in the United States?

The U.S. does indeed provide a wealth of investment choices. But you can still receive at least two key benefits from international investing. Let's take a quick look at them:

- **Growth potential** — As you know, the United States is a highly developed economy. That doesn't mean, of course, that we have no "upside" here — we do, and we always will. Nonetheless, you can also find growth opportunities in foreign markets. Which ones? There's never any one "right" answer. In one year, a particular country, or even an entire region, such as the Pacific Rim, might lead the way, as far as performance. Then, the very next year, a different country or region could top the list. Since it's almost certainly futile to try to guess which areas will perform the best in any given year, you're much better off looking for solid investment opportunities in all regions of the world.

- **Diversification** — By investing internationally, you can help diversify your portfolio. The world's financial markets are connected to each other, but they don't always move in unison. In any given year, the U.S. markets

may be down, but international markets might be doing significantly better. Consequently, if, during that year, you had only invested in U.S. companies, your portfolio would have taken a hit, but if you had spread your investment dollars around the world, your year-end results might have looked considerably different. Keep in mind, though, that while diversification can help reduce the effects of volatility, it can't guarantee profits or protect against all losses.

Although international investing does provide some key benefits, it also carries some unique risks. For example, when you invest in companies based overseas, you may encounter political instability, which could threaten the financial markets of a country or an entire region. You could also experience *currency risk*, which means that changes in the value of the U.S. dollar, relative to foreign currencies, could harm the value of your investments.

In any case, you probably won't want international holdings to ever take up a majority of your portfolio. How much should you own? Again, there's no right answer for everyone. Your investment mix should be based on your risk tolerance, time horizon and individual goals.

And, because of the complexities involved with foreign markets, you may well want to work with a financial professional — someone with the expertise and resources to evaluate the pros and cons of international investments.

By looking past U.S. borders for investment opportunities, you can expand your horizons for potential investment success. Bon voyage!

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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1st and 2nd Floor Display: Artist M. Christine Landis' original watercolors, graphite and colored pencil drawings, and handmade books.

2nd Floor Exhibit: Bold Beauty Project – A powerful visual arts exhibition that features women with varying disabilities portrayed by award-winning photographers. www.boldbeautyproject.com

Adult Programs:

Wednesday, August 2 – Learn to Knit. Join us to learn knitting basics and work on the popular Baktus Scarf. Bring at least one skein of Aran (medium) weight yarn and matching needles (US size 7-9). Limited supplies will be available. First come, first served. 5:30 to 6:30 p.m. Rm 154.

Thursdays - August 3, 10, 17, 24, 31 – Digital Downloads Open House. Learn how to access and download the library's free books, music, magazines and movies to your device. First come, first served. Noon to 1 p.m. Rm. 226.

Mondays – August 7, 14, 21, 28 – Public Speaking 101. A series of presentations that will guide participants through exercises and provide techniques, tips and opportunities to practice speaking in front of a group. You will receive on-the-spot feedback and have the chance do personal evaluation in terms of how each session has helped or failed to help. 5 to 6 p.m. Rm 226.

Wednesday, August 9 – Representatives from the North Broward **Social Security** office will be available to answer general questions and provide information. 2 to 4 p.m. Lobby.

Thursday, August 10 – Movie & Discussion: "1984". Revisit George Orwell's classic novel with the cinematic retelling of Winston Smith and his struggle for independence in a dystopian world. (1984). Rated R. Noon to 2:30 p.m. Rm 154.

Thursday, August 10 – Animal, Vegetable, Miracle book discussion. Ever tried living on your own home-grown food? Join us as we discuss best-selling author Barbara Kingsolver's chronicle of her and her family doing just that for one year. 6 to 7:30 p.m. Rm 154.

Saturday, August 12 – Senior Moments...The Unforgettable Band! Join us for this free concert. You are invited to watch, sing along or dance to the upbeat songs and music. Light refreshments will be served. 3 to 4 p.m. Rm 154. *Sponsored by Friends of North Regional/BC Library.*

Monday, August 14 – Attitude is Everything! Have you wondered why positive people stay so upbeat? Find out if a positive attitude really can make a big difference. Presented by Trustbridge Health. 2 to 3 p.m. Rm 226.

Wednesday, August 16 – Foreign Film Series Discussion & Commentary with Shelly Isaacs: "Children of Heaven." When young Ali accidentally loses the only pair of shoes his little sister Zahra owns, the siblings attempt to hide the bad news from their poverty-stricken father and ill mother. They devise a scheme to share Ali's own pair of worn sneakers until they can find a new pair of shoes for Zahra. This documentary-like film was shot on location in some of Tehran's poorest areas. (1997). 2 to 4:30 p.m. Rm 154. *Sponsored by Friends of North Regional/BC Library.*

Thursday, August 17 – Ukulele Meet Up. Bring your ukulele and jam with other ukulele enthusiasts. 6 to 7:45 p.m. Rm 154.

Saturday, August 19 – Guitar Café for adult beginners to intermediate guitarists. Bring your guitar and join in if you are interested in learning and playing. (Acoustic, Electric or Bass). 2:30 to 5:30 p.m. Rm 154. For more information, email: cburr1022@yahoo.com

Saturday, August 26 – Celebrate APAI Day (Association of Performing Arts of India). Join us in a lively celebration of the traditions of India. Live performances featuring Indian classical music and dance — the living heritage of India's 5,000 year-old artistic traditions. 11 a.m. to 2 p.m. Rm 154.

Language Classes:

Tuesdays & Wednesdays – English Café: Conversational practice session for intermediate learners of English. 6:30 to 7:45 p.m. Rm 226.

Tuesday & Wednesdays – Spanish Café: Conversational Spanish practice for English speakers. 6:30 to 7:45 p.m. Young Adult Rm, 1st Floor.

FORGOTTEN

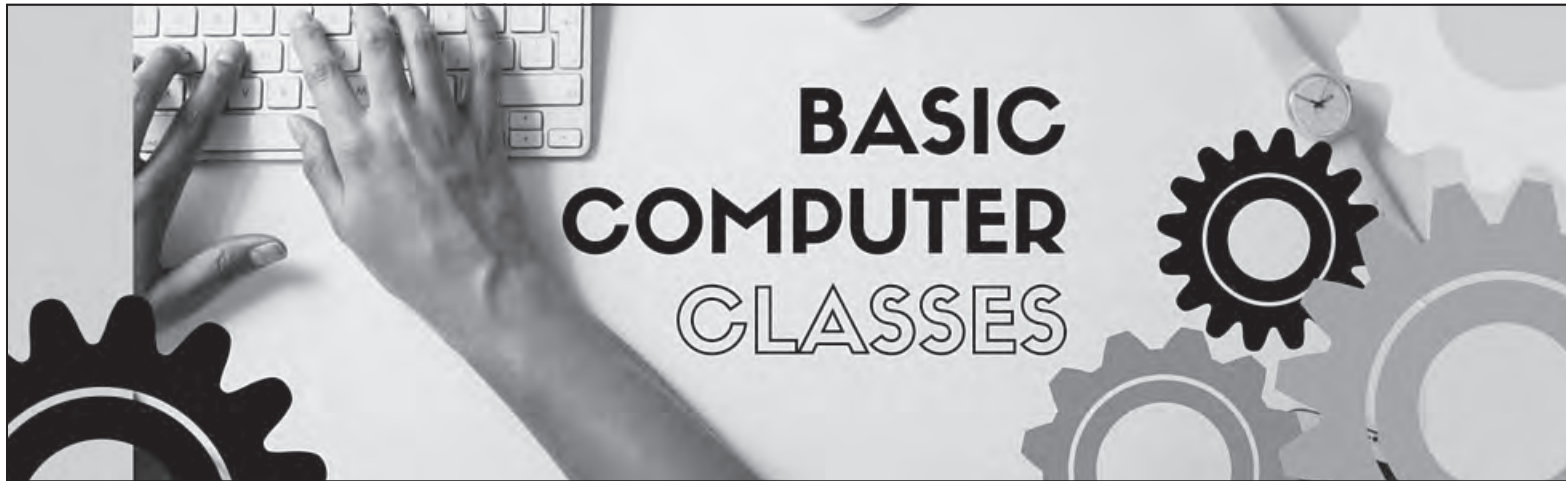


Upcoming Library Events...

North Regional/Broward College Library

1100 Coconut Creek Blvd. • Coconut Creek, FL 33066 • 954-201-2601

AUGUST COMPUTER CLASSES



Wednesday, August 2nd 2:00 to 4:00 p.m. – Microsoft Excel, Part 4 of 6. The goal of this class is to become familiar with Microsoft Excel and spreadsheet concepts. Spreadsheets are often used to track numerical or financial data and perform calculations easily and quickly. This course focuses on the skills used most in Excel: using menus and toolbars, formatting text and numbers, creating charts and graphs, creating formulas.

Thursday, August 3rd 2:00 to 4:00 p.m. – Exploring the Internet. The best the Internet has to offer, including sites for lifelong learning, entertainment, sources for streaming music and movies, the best of shopping, and information about online safety. Appropriate for desktop, tablet, and smartphone.

Wednesday, August 9th 2:00 to 4:00 p.m. – Microsoft Excel, Part 5 of 6. See August 2nd for full description.

Thursday, August 10th 2:00 to 4:00 p.m. – Exploring Google. Google is a leading search engine which helps you locate information on the Internet. Learn about other things you can do with Google—including Google Drive, Google Maps, and Google Calendars.

Wednesday, August 16th 2:00 to 4:00 p.m. – Microsoft Excel, part 6 of 6. See August 2nd for full description.

Thursday, August 17th 2:00 to 4:00 p.m. – Digital Photography. Want to share photos electronically via email and the Internet? Considering buying a digital camera? In this class, you will learn about the advantages of digital photography and the equipment and features you need to know about when buying a digital camera.

Tuesday June 20th 6:00 to 8:00 p.m. – Computer Class, *in Creole*.

Learn about computers and the best the Internet has to offer including sites for lifelong learning, entertainment sources for streaming music and movies, the best of shopping, and more.

Thursday June 22nd 2:00 to 4:00 p.m. – Skype video calling. Skype is the world's most popular video calling app. This class will cover the types of devices you can use, how to set up a free account and add contacts, and how to use Skype to talk with anyone in the world who also has Skype.

Friday June 23rd 9:00 to 11:00 a.m. – Meet the Computer, Windows 7, *in Spanish*. Introduction to computers, beginning with the components that make up a computer system, how to use a mouse and keyboard, Windows 7 skills including starting programs and working with the desktop.

Tuesdays June 27th 6:00 to 8:00 p.m. – Computer Class, *in Creole*.

Learn about computers and the best the Internet has to offer including sites for lifelong learning, entertainment sources for streaming music and movies, the best of shopping, and more.

Thursday June 29th 2:00 to 4:00 p.m. – Buying and selling on Ebay. Learn the essential skills of both buying and selling on eBay, the differences between personal and business accounts and how to set them up; how to search for and buy items, including auction strategies; how to set up a business account and use eBay's seller's tools to list items for sale.

Friday June 30th 9:00 to 11:00 a.m. – Exploring the Internet, *in Spanish* – The best the Internet has to offer including sites for lifelong learning, entertainment, sources for streaming music and movies, the best of shopping, and information about online safety. Appropriate for desktop, tablet, and smartphone users.

Universal Class

Universal Class is an online educational service providing a diverse offering of intellectually stimulating courses for people interested in the lifelong pursuit of knowledge for either personal or professional reasons. Lifelong learning not only enhances social inclusion, active citizenship and personal development, but also competitiveness and employability. Over 500 Courses Available (everything from ABC's of Algebra to Yoga 101). www.broward.edu/library





INSPIRATION STATION

By Diana Stone, M.A.

Dear Reader,

How is your summer going? How are you feeling? Are you enjoying a gentler pace of life filled with summer delights? I hope so! My summer was going splendidly! I was enjoying our older children home from college and no homework requirements for our younger children. We were up early with our little one and staying up late with our older children. We were taking day excursions biking and kayaking as a family. My husband and I took a romantic trip where we snorkeled, collected shells and indulged in spa treatments. Days later, my mother came for a visit and we shopped and baked and then seemingly out of nowhere, I felt depleted!

I woke up one morning feeling utterly exhausted as if I had run a marathon! Actually worse! I have run a marathon before and felt sheer exhilaration at the finish line so this was different! It was as if someone had taken out my battery pack! I was foggy in my head and heavy in my bones. What had happened? We had enjoyed one activity after another. I love everyone I was connecting with... so why was I so drained? Instead of trying to figure it out as I have in the past, I simply surrendered to it! I admitted I was tired, something in the past I also did not do. I just announced I was going to bed early. Part of me wanted to stay up to enjoy the evening festivities we had planned but my body was speaking to me and I decided to listen and honor my body's wish for rest. My old patterns would find me pushing through exhaustion as if it's a cloud to just get passed but my new commitment to self-care called for me to surrender and check out of the world and into myself.

The next morning I felt so much happier. My heart was full and my thoughts were clear. By going to bed early and getting several hours of extra sleep, I had renewed myself. It occurred to me that even though each activity in the weeks leading up to my energetic crash were pleasant or awesome, the pace of my life was going faster than my body was comfortable with. While I am blessed with great health and stamina, I have noticed that I feel better when I give myself time to recharge on a daily basis. I had stayed true to my Transcendental Meditation practice, which calls for twice daily 20 minute meditations, once in the morning and again in the afternoon. But I had not

been to any yoga classes (my preferred exercise for the past two decades) and I had been eating out of pure pleasure and convenience so my body was not getting refueled in the way that allows me to feel my best. I had also gone an extended period of time with less sleep. During sleep, our bodies heal themselves by moving into an anabolic state where hormonal shifts occur that allow us to renew and replenish on a cellular level. Even skipping out of an hour of sleep can make you feel groggy so skipping hours of sleep over a prolonged period can really take a toll on your overall vitality and mood!

So, I repeat, *How is YOUR summer going? How are YOU feeling?*

May I lovingly suggest that you pace yourself and truly listen to your body so you can fully enjoy all of life's opportunities! Pacing ourselves has nothing to do with what we used to do or what we can still do if we push ourselves. It's all about honoring how we feel right NOW! In yoga, we are reminded that every day our bodies feel slightly different! Some days we are more limber and can go deeper into a stretch, other days we may feel tight so we should stretch only until we feel resistance and then back off slightly so as not to strain.

One powerful technique to regain your equilibrium if you are feeling off of your A game is to practice a SILENT DAY (or even a silent hour!) - a dedicated time devoted to being quiet, unplugging from the world and just being. During this time of solitude (or shared time with another willing participant of being silent), you will get to hear from the deeper part of you, who often doesn't get a chance to speak to you in the hustle and bustle of daily life. It has been said that the ego shouts and the spirit whispers. By getting quiet, you will hear the whispers of your heart that hold the key to your true happiness and well-being! Pace yourselves dear ones!

You deserve to feel your best!

With love, Diana

Diana Stone, M.A., is a Wellness Consultant and inspirational writer and speaker. Connect with her at dianalynnstone@me.com or www.dianalynnstone.com

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Hosted by the Circle Club

Saturday, September 30, 2017

West Wing - Doors open 6:30 PM

Menu: Platters of whole whitefish, sable, baked salmon, nova lox, creamed herring, tuna salad, egg salad, bagels, cream cheese, tomatoes, onions, olives and more.

Dessert: Pastries, sugar free, tea and coffee

Cost \$28 pp

Open to All - Bring Your Friends
8 to a table/no more than 10 if necessary.
Maximum 250.

Reservations and Cancellations by September 14, 2017

Send your reservations with list of guests names together with your check payable to the Circle Club
Mail to: Circle Club, P.O. Box 934384, Margate, FL 33093-4384

For further information, Call Linda: 954-984-0939

SHOWS



ELISSA SOLOMON

Saturday, Aug 5th

Time: 8:00 PM • Price: \$5.00

OUR TIME ...IN CONCERT

Saturday, Aug 12th

Time: 8:00 PM • Price: \$5.00

JENNIFER ZAMORANO

Saturday, Aug 19th

Time: 8:00 PM • Price: \$5.00

JIMMY MAZZ

Saturday, Aug 26th

Time: 8:00 PM • Price: \$5.00

* ID's required for all shows, dances and movies. All shows subject to change.
 Tickets available two (2) weeks prior to show. PLEASE NOTE: Children under the age of 15 years old are not permitted in the theatre. No shorts allowed in the Theatre after 6:00 PM.

\$5.00 Theatre Shows!

June 3rd - Sept. 30th - See you there! Bring a friend!

All shows scheduled are subject to change, modification or substitution. No Refunds or Exchanges



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Thurs., Sept. 21st, 10:30am



YOM KIPPUR

Fri. Sept. 29th, 8pm

(KOL NIDRE)

Sat., Sept. 30th, 10:30am

Sat., Sept. 30th, 12:30pm

(YIZKOR SERVICE)

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A MESSAGE FROM MARTY KIAR

As your Property Appraiser, it is my responsibility to ensure that all residential, commercial, and tangible personal properties are valued correctly and to assist our residents in receiving tax saving exemptions. This makes certain that property owners pay only their fair share of property taxes – no more, no less.

For full information on exemptions please visit our website at www.bcpa.net or call us at (954) 357-6904.

The Florida Legislature's 60-day legislative session concluded last month. There are several bills that may provide property tax savings to you.

During the 2016 General Election, Florida voters passed two constitutional amendments related to property taxes. Any amendment to the constitution requires a bill be approved by the legislature that provides the implementation requirements and parameters. House Bill 455 relates to providing an exemption for our first responders who have become totally and permanently disabled in the line of duty. The second constitutional amendment expanded the exemption for renewable energy devices and was implemented by Senate Bill 90. Below is a brief summary of both House Bill 455 and Senate Bill 90:

House Bill 455

Any homesteaded property owner who is totally and permanently disabled as a result of injuries sustained in the line of duty while serving as a first responder with a Florida agency, or their unremarried surviving spouse, is eligible for a full exemption on the ad valorem portion of their property taxes.

What's Required?

1. Letter from Social Security Administration stating the applicant is totally and permanently disabled; and one physician certification attesting to the applicant's total and permanent disability which renders the applicant unable to engage in any substantial gainful occupation which will continue for life.

If an applicant is not eligible for such Social Security Administration status, the applicant must provide a letter from the Social Security Administration stating they are ineligible for such status; and two physician certifications, from unrelated physicians, attesting to the applicant's total and permanent disability which renders the applicant unable to engage in any substantial gainful occupation which will continue for life.

2. A certificate from the organization that employed the first responder at the time the injury or injuries occurred. The employer certificate shall be supplemented with documentation of the incident or event which caused the injury, such as an accident or incident report.

WHEN DOES IT START: Beginning with the 2017 tax year. The law does not provide for retroactive application of the exemption to any tax year prior to 2017.

FILING DEADLINE: Filing will begin on August 1, 2017 for the 2017 tax year. Late filing deadline is September 18, 2017.

Senate Bill 90

In August 2016, voters approved a constitutional amendment to expand the exemption for renewable energy devices to all property, not just residential property. The amendment expanded the definition of renewable energy source devices to also include: wiring, structural supports, and other components used as integral parts of a system and power conditioning and storage devices that store or use solar or geothermal energy. The bill expanded the exemption to include all real property and applies without regard to the installation date. The bill also created a statute to exempt energy source devices from tangible personal property. This legislation is effective, July 1, 2017.

Additionally, the legislature by a 2/3 vote of the House and Senate placed two constitutional amendments on the 2018 ballot that will greatly impact the residents of Broward. In order for a constitutional amendment to pass, it requires at least 60 percent of the electors' approval.

Increased Homestead Property Tax Exemption

The first proposed constitutional amendment would increase your Homestead Exemption up to an additional \$25,000 for properties valued greater than \$100,000. This could provide \$300 to \$400 savings for Homesteaded homeowners. The amendment is as follows:

Constitutional Amendment Article VII, Section 6

Article XII, Section 37

Increased Homestead Property Tax Exemption - Proposing an amendment to the State Constitution to increase the Homestead Exemption by exempting the assessed valuation of homestead property greater than \$100,000 and up to \$125,000 for all levies other than school district levies. The amendment shall take effect January 1, 2019.

Limitations on Property Tax Assessments

The second constitutional amendment would keep the ten percent cap permanently on all non-homesteaded property. This ten percent cap on non-homesteaded property limits increases the assessed value to 10% per year regardless of increases to the just value of the property. The amendment is as follows:

Constitutional Amendment Article XII, Section 27

Limitations on Property Tax Assessments - Proposing an amendment to the State Constitution to permanently retain provisions currently in effect, which limit property tax assessment increases on specified non-homestead real property, except for school district taxes, to 10 percent each year. If approved, the amendment removes the scheduled repeal of such provisions in 2019 and shall take effect January 1, 2019.

If my office can ever be of assistance to you, please do not hesitate to contact us directly at (954) 357-6830.



Broward County First Responders with Marty Kiar

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All are welcome – this is an anonymous group. For more information, call Mort at 954-815-2058.

SUPPER CLUB

By Lynne List

The longest running musical ever is coming to Wynmoor. There will be three performances of *The Fantasticks* on Tuesday February 27, Wednesday February 28 and Friday March 2, 2018. The shows will be performed in the West Wing (no need to travel) and will be preceded by a sit-down, plated dinner.

The Fantasticks is a timeless fable of love. The show concerns two neighboring fathers who trick their children into falling in love. How they accomplish this makes for a hilarious situation. But when the children discover the deception, well you'll have to see the show to find out what happens. The show ran for a total of 42 years. The lyrics were composed by Tom Jones and include the well known song, "Try To Remember." The music was by Harvey Schmidt. There have been television and film versions of the show. The Curtain Call Playhouse, a travelling Professional Troupe who has given us professional productions since 2012, will again be producing the show.

When the doors open at 5:15 PM, audience members will be greeted by beautifully set tables and will be served a dinner starting with a glass of wine (BYOB if you want more), a tossed salad, a choice of Chicken Marsala or



Salmon in Dill Sauce, Rice Pilaf, Baby Carrots, Eclairs, Rolls and Beverages catered by Olde Florida Caterers. Show time follows the dinner at approximately 7:15 PM.

And, as an extra bonus, the price will remain the same as last year, \$32 per person including tax and gratuities. The tables hold a maximum of 9 people.

Advanced ticket order forms will be emailed early in September to all those who have supplied us with their addresses. Advanced orders will be accepted until

December 15, 2017. If you wish to be included on the email list, and you have not already done so, send your email to LLIST@juno.com and write "Supper Club" in the subject line. For those with no email address, order forms will be in the library carousel in November. And, if you are a procrastinator, tickets will be on sale in the Country Club library every Monday and Wednesday afternoon from 2:00 to 4:00 PM starting on January 8, 2018.

The Supper Club is a non-profit club and is in need of volunteers to help with many aspects of the production. Please call Lynne at 954-973-1223, or email her at the address above, if you are willing to get involved in the exciting world of theatre. If you can't volunteer, be certain you are in the audience, don't miss this fantastic show.

ALL YEAR ROUND CLUB TRIP - SEPTEMBER 8-9, 2017

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- Overnight at Holiday Inn
- Visit the BGT Candy Bar
- Dinner & Show at the Broadway Palm "Groovin." Music from the 50's, 60's
- Viennese Dessert Table & Nightcaps (post show)

DAY 2

- Buffet breakfast
- Narrated tour of Naples
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 - Mail checks to: 3303 Aruba Way Apt O-1 or Shelly Bennett 954-951-7058 - Mail checks to: 2101 Lucaya Bend Apt C-2.

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- ROSH HASHANA..... Sept. 20 8:00 pm
- ROSH HASHANA..... Sept.. 21 10:00 am
- KOL NIDRE..... Sept. 29 8:00 pm
- YOM KIPPUR..... Sept. 30 10:00 am

Ultimate "Break-Fast" ... September 30 at 6:30 PM

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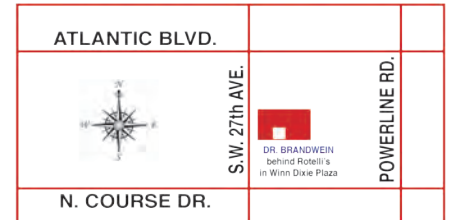
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RENTALS

- VICTORIA: 2/2 Spectacular and totally modeled, brand new kitchen with quartz counter tops \$1,400
- ANTIGUA: 2/2 Desirable unfurnished, yearly rental, laminate floors, new appliances..... \$1,200
- PORTOFINO: 2/2 Spectacular and remodeled, new open kitchen, new cabinets, granite counter tops..... \$1,600
- BAHAMA: 3/2 Original but immaculate, close to clubhouse this is a must see \$1,300
- ARUBA: 2/2 Luxury unit with Washer/Dryer, great view, mostly carpeted \$1,300
- NASSAU: 3/2 Ground floor, freshly painted new flooring, walk to pool..... \$1,400
- VICTORIA: 2/2 This is beauty \$1,200
- ANTIGUA: 1/1 Nice cozy unit, very clean, great view \$1,100

REDUCED SALES

- ABACO: 2/2 Spectacular top of the line Juniper model, remodeled, brand new white kitchen, crown molding, freshly painted..... \$184,900
- PORTOFINO: 2/2 Amazing, new open kitchen, new cabinets, granite counter tops, hurricane proof glass windows..... \$175,000
- LUCAYA: 2/2 Gorgeous unit with spectacular view, brand new kitchen, ceramic floors, laminate floors, newer water heater \$125,000
- ABACO: 2/2 Lovely unit with Washer and Dryer, Juniper model, screened patio, new tiles in kitchen \$101,999
- ANTIGUA: 2/2 Freshly painted, new appliances, new flooring, pool view \$ 84,900
- ARUBA: Corner luxury, washer and dryer inside, gorgeous golf and lake view \$139,000
- BERMUDA: 2/2 This is it look no further, second floor, water view, kitchen renovated..... \$ 89,900
- ANTIGUA: 2/2 WOW superclean unit, white tile floors, carpet bedrooms, great garden view \$ 83,000
- PORTOFINO: 2/2 Back on market, overlooking the golf course, eat in kitchen, glass enclosed terrace..... \$ 81,000

FOR SALE

- ARUBA: 2/2 Spectacular and totally remodeled luxury model with panoramic lake/golf view, brand new kitchen cabinets with white quartz counter tops, SS appliances, open kitchen concept, luxury laminate floors \$193,500
- ANDROS: 2/2 Evergreen corner model, beautiful porcelain floors thru out, nice white kitchen with newer SS appliances, 4 door refrigerator, new designed closets, brand new A/C \$159,000
- BIMINI: 2/2 Magnificent luxury model, this is a must see \$149,900
- ANTIGUA: 2/2 Spectacular corner unit, nice garden and pool view, located near gate, ceramic floors in kitchen..... \$149,900
- ANTIGUA: 2/2 Totally remodeled corner, brand new kitchen cabinets, granite counter tops, porcelain floors, screened patio \$148,900
- VICTORIA: 2/2 Spectacular golf view and lake view, top of the line completely remodeled, laminate floors, brand new open concept kitchen \$142,500
- ANTIGUA: 2/2 A total jewel, renovated, brand new kitchen cabinets, SS appliances, new pocket light ceilings..... \$138,000
- PORTOFINO: Spectacular panoramic private golf and lake view, ceramic floors, newer kitchen cabinets and granite counter tops..... \$125,000
- ANTIGUA: 2/2 Breathtaking lake and fountain view, screened patio, new toilets, freshly painted..... \$125,000
- CAYMAN: 2/2 Beautiful Juniper model, nice white kitchen, ceramic in kitchen carpet in living room, amazing lake view \$108,500
- BIMINI: 2/2 Desirable luxury model on ground floor, ceramic tile, professionally painted, enclosed patio \$104,000
- LUCAYA: 2/2 Great move in condition, brand new laminate floors, freshly painted, screened patio, newer appliances \$ 97,500
- ANTIGUA: 2/2 Updated, ceramic floors, newer appliances, nicely painted..... \$ 96,000
- VICTORIA: Lovely corner unit, amazing pool view, newer A/C, screen and shutters in patio..... \$ 64,000
- MARTINIQUE: 1/1 Beautiful upgraded unit, newer appliances, granite counter tops, lake and golf view \$106,000
- PORTOFINO: 2/2 Furnished with enclosed patio, newer AC unit, large master bedroom , great amenities..... \$108,000
- ABACO: 2/2 Desired ground floor Iris model, m brand new carpet, Washer and Dryer included, freshly painted \$103,000
- LUCAYA: 2/2 Move in ready, renovated kitchen, newer appliances, brand new carpet, overlooking the pool \$ 84,900
- ANTIGUA: 2/2 This is a must see \$ 80,000
- ANTIGUA: 1/1.5 This is a must see..... \$ 80,000

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AUGUST CLASSES

Monday

AARP: Monday & Wednesday, August 7th & 9th from 1pm-4pm for TWO DAYS; \$15-\$20
 Art for the Artist in You/Portraits (Lines): Begins August 7th from 1-3pm for 4 weeks; \$50
 Chair Yoga (Charland): Begins August 7th from 1-2pm for 4 weeks; \$28



Tuesday

Line Dancing (Levitan): Begins August 1st from 10-11am for 5 weeks; \$35

Thursday

Canasta (Levitan): Begins August 3rd from 3:30-5:30pm for 5 weeks; \$45
 MahJongg (Levitan): Begins August 3rd from 1-3pm for 5 weeks; \$45
 Middle East Conflicts (Chesterman): Begins August 3rd from 10:30am-12pm for 4 weeks; \$32



Saturday

Yoga (Charland): Begins August 5th from 9-10am for 4 weeks; \$28



September

Monday

Chair Yoga (Charland): Begins September 11th from 1-2pm for 3 weeks; \$21 skipping 9/4
 Art for the Artist in You/Portraits (Lines): Begins September 11th from 1-3pm for 3 weeks; \$37.50

Tuesday

AARP: Tuesday & Thursday, September 5th & 7th from 9am-12pm for TWO DAYS; \$15-\$20
 Line Dancing (Levitan): Begins September 5th from 10-11am for 4 weeks; \$28



Thursday

Canasta (Levitan): Begins September 7th from 3:30-5:30pm for 4 weeks; \$36
 MahJongg (Levitan): Begins September 7th from 3:30-5:30pm for 4 weeks; \$36
 Middle East Conflicts (Chesterman): Begins September 7th from 10:30am-12pm for 4 weeks; \$32



Saturday

Yoga (Charland): Begins September 2nd from 9-10am from 5 weeks; \$35

Lessons

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For more information, call Recreation at 954-978-2600, press 1. Register at the Recreation Office Monday - Friday from 8:00 AM - 4:45 PM or at the Business Center in the Country Club, Monday - Friday, 8:00 AM - 12:45 PM AND 2:00 - 5:00 PM. Classes are on a monthly basis and must be taken consecutively. Classes are subject to change. Refunds are not granted after the start of the second class.



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Classes are located in West Wing I, unless otherwise noted.
 Contact Recreation for further info.
 954-978-2600, press 1.

Wynmoor Social Registry 2018

We are in the process of updating the Annual Wynmoor Social Registry. If your name or address was incorrect, or omitted from the 2017 issue, **NOW** is the time to make changes.

To correct, change, add or remove your information from the Registry, please visit the Council Office.

Questions? Council Office **954.978.2600, ext. 7**

If you would like to Advertise in the Wynmoor Social Registry, Call **954-344-7667** to reserve your space!

THEATER Front Row Center...

By Selma Glass



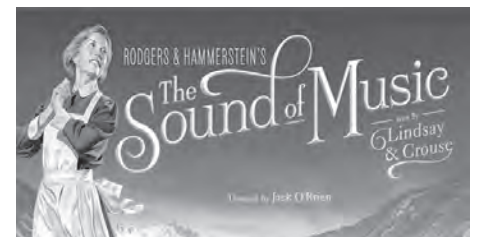
"Theater of Today" vs. "Movies of Today," which do you prefer? How things have changed in Hollywood. Modern movies are mostly loaded with smart technology, violence, vulgarity, dumbing down, cruelty and shallowness. Yes, there are exceptions and a few movie gems that everyone runs to see. Where oh where are the gorgeous musicals, the charming comedies, the brilliant dramas? "La La Land" made a feeble attempt to 'bring back the musical,' won all kinds of awards. Let's face it, it was good, not Academy Award material, but it played to a movie audience that was starving for the "old musicals." "Beauty and the Beast" was indeed a wonderful movie. Disney still has "IT." The big moneymakers of today are sequels. "Spiderman," "Star Wars," numbers 1, 2, 3, 4, and endlessly on.

So...where are the fabulous musicals, comedies and intelligent heart rending dramas? Why the theater, of course! Yes, the theater is alive and well! Broadway Theater. There are many revivals. The revivals are mostly great theater beloved by audiences. Each theater season introduces new plays and musicals to eager audiences. One only has to compare the Academy Awards to the Tonys on TV. The Academy Awards are boring and overly long with overstuffed speeches. The Tonys are bursting with talented, down to earth people. The stage is bursting with a variety of plays and talented performers. The movies are bursting with more bang bang and comic strip characters! Which do you prefer???

Wynmoor residents are so fortunate to have the best of both worlds

available to them. The latest Hollywood movies are shown weekly at only \$2.00 admission. Every Saturday night there is live entertainment in the theater. And, nearby are professional theaters offering live Broadway productions. Some directly from Broadway. Some revivals of beloved shows at very reasonable prices. Stage Door Theatre is the closest to Wynmoor. Shows are performed all year round. Last month I saw "Minnie's Boys," about the Marx Brothers and how they broke into show biz with the determination of their mom, Minnie. It is a delightful musical and charming story, very well acted by the cast. It is playing until August 6th, so you still have a chance to see it. From August 18th to September 24th, Neil Simon's classic comedy, "The Sunshine Boys," will be playing. From September 1st to October 15th, "Saturday Night Fever," a staged version of the famous film will be playing. This will be a sellout!!! Get your tickets now!!!! Call 954-344-7765.

Broward Center, Broadway Series will not resume until October. Their first show will be everyone's favorite, "Sound of Music." Call 954-462-0222. See you next month. Go to the theater...it is food for the soul!



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Hi!!! My name is Evette Weiss, I use to wake up 2 or 3 times a night to go to the bathroom. After treatments from Dr. Herman, I now sleep 7 or 8 hours per night without waking up to go to the bathroom. I had been leaking urine when I laughed, coughed or sneezed, but I no longer suffer from this problem. My goal is to help other men and women who may suffer from this embarrassing situation.

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You can hear us, and check our tour dates to see if we are available.

We look forward to hearing from you!

Clubs and Activities

ALL Wynmoor Clubs, regardless of name, are open to ALL Wynmoor residents. Dues may be applicable.

All Year-Round Club

By Barbara Milkes

We hope our extra special "Mardi Gras Gambling Trip" on July 12th was fun and that if there were any winners, that they were especially happy. Our next meeting will be Sunday, August 13th at 10:00 AM in Grand Ballroom A. Don't forget, new and former members are always welcome to join us.

American Legion Post #170

By Ralph Trapper

The next meeting of American Legion Post #170 is scheduled for August 14th at 7:15 PM in West Wing II, located at the main theater complex. Light refreshments will be served following the meeting.

The installation of Post #170 Officers, by the Officers of the 9th District of the State of Illinois American Legion, went well, with refreshments of pizza and cake served to all.

For additional information, contact Ralph Trapper, 1st Vice Commander (954) 972-4329 or Don Schwiesow, Commander (954) 984-6070.

Billiard & Pool Club

By Bob Horowitz

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in fun events. Past events included; Karaoke night, comedy club night, group BBQ, Club Pool & Billiard tournaments, and other social events. Annual membership is only \$5.00.

Wednesdays night open play: Join us Wednesday night starting at 6:00 PM for open "9 ball" play. This is open to all levels of players from beginners to advanced.

For information about the Pool and Billiard Club, to join our e-mail list or to sign up for an event or meeting; email WynmoorPoolClub@gmail.com, come into the room and look for event sign-up sheets or ask for Co-Presidents; Ralph Rubin or Bill Brunie or Vice President; Bob Horowitz.

Wynmoor Pool & Billiard Room:

All residents and their guests are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the library. Boasting 14 tournament grade regulation size pool tables, 4 heated-billiard tables and one regulation snooker table.

This club has been called the best Pool, Billiard, and Snooker venue, public or private, in all South Florida. Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 AM to 12:00 PM.

Use of the room and tables is free to all residents and their guests.

Bridge Club

By Lynne List

It is hot outside so get cool playing bridge at Wynmoor! **ACBL games are on Monday and Wednesday starting at 7:00 PM.** Games end approximately 9:30 PM. The ACBL games on Friday and Saturday continue to start at 1:00 PM. The ACBL games are held in the East Wing.

The Easy Duplicate Game on Tuesday starts at 12:30 PM in the East Wing. The Easy Duplicate Game on Friday starts at 12:30 PM. For the next several weeks, there will be free 30-minute lessons beginning at 11:45 AM in the East Wing.

Please arrive at 15 minutes before game time to allow directors to set up. If you need a partner for any game, please call Gerri at 954-978-2457 and she will do everything she can to help you find one.

Clay Sculpture Club

By Martha Van Cleave

Explore your creative talents in Clay!

Our club is open to all no matter what your level of experience in clay sculpture.

Tuesday is our club day and the studio is open for your use throughout the week as well. The studio is located in the back of the main clubhouse facing the golf course to the right of the library.

Please come by and check it out to see if you might be interested in joining us. If you decide to join, our club dues are \$10 for the year.

Feel free to call me for more information about our club or just come by on a Tuesday, usually 11:00 AM or later is a good time to find some of our members at the studio.

Martha 954-971-3932 or email me at vancleavemarta@yahoo.com.

Conservative Club

By Andrea Joy Frankel-Bellitto

Welcome back! The Conservative Club of Wynmoor hopes you had a wonderful, restful and playful summer! We are back and ready to get back to work with a great speaker. I have been busy this summer going to fundraisers for some of our wonderful congressmen, such as Brian Mast. He is a wonderful young man, who fought in Afghanistan and lost both of his legs. He is running to reclaim his seat. He has been to our club before. As I went to these great BREC events during our hiatus, I was fortunate to meet some very interesting people and re meet some others! That brings me to our very good speaker this month.

He is Mr. David Caulkett. He is with "Floridians for Immigrations Enforcement." He will speak on the importance of "E Verify."

"When Immigration is viewed only racially and culturally, limits and legality will never be imposed. The debate must focus on limitations and lawfulness, otherwise open borders make the United States a marketplace and not a country," quotes Mr. Caulkett.

Please join us! Our meeting is Tuesday Sept. 19th at 7:30 PM.

Our meetings are open and all are welcome. Bring a friend!

Dues will start in January and are \$10.00 a year. Guests are \$2.00 per meeting. We have a 50/50 raffle. Refreshments will be served.

Current Events Club

By Daisy Sheridan

Come and join us at the Current Events Club. We meet every Tuesday morning from 11:00 AM to 12:00 noon in the Multipurpose Room, located right near the entrance to the main pool. As our name implies, we discuss the important events of our times. All Wynmoor residents and their guests are invited and you may, if you wish, stay a little longer to meet with old and new friends.

Please note – **On August 22nd we will meet in the Sunrise Room since the Multipurpose Room will not be available.**

We look forward to welcoming you next Tuesday.

Democratic Club

By Peggy Wishnow

Our guest speaker for August, will be Roderick Kemp. He is a member of the Rights Restoration Organization. He will be chronicling his interesting story and how his organization relates to us all.

WDC will be holding its monthly meeting on Tuesday, August 1, 2017 in the Main Ballroom. Doors open at 1:30 PM and the meeting will start at 2:00 PM. Refreshments will be served.

Please join us for this interesting, engaging meeting! New and non-members are always welcome. There is a \$10 membership fee, which will be honored for the year 2018.

Fishing Club

By Eddie Kopple

We are pleased to announce that the Fishing Club will be having its first meeting September 18th in Ballroom "C." Bagels and coffee will be served at 8:00 AM and the meeting starts at 9:00 AM. Hope to see all old members as well as new ones. Any questions, call Eddie 954-532-1555 or Arnold 954-973-2687.

Fun With Friends

By Lou Kravitz

There will be no dances in July, August or September.

On October 22nd, will have our Halloween Party featuring, "It Takes Two." You may dress in costume or country club casual. Looking forward to seeing everyone who is back in town. Members pay \$10.00 and guests pay \$15.00.

Remember, get your reservation in early so you get to sit with your friends. Any questions call Sheila Glater at 954-247-9323 or email her at sglater@comcast.net. Enjoy your summer.

Hadassah

By Marilyn Stolloff

Let this be your reminder that Holiday Greetings are due by August 30, 2017. They are \$3.00 per name and the check should be made out to "Wynmoor Hadassah" and sent to Bernice Riback.

The Board is hard at work. Our Program Chairman's have been hard at work selecting interesting programs for next season. I will tell you more about them in September's announcements. Our first meeting of the next

Clubs and Activities

season is Wednesday October 4, 2017 in the West Wing. ATTENTION: Doors open at 11:45 AM and the program will begin at 1:00 PM so there is plenty of time to browse, buy at the Boutique and for purchasing greeting cards. Come catch up with your friends over coffee and bagels. We have the room until 3:00 PM. **THIS IS A CHANGE.** See you there.

Save the dates: The first of three Card Parties will be October 25, 2017 beginning at 10:00 AM in the West Wing. The price has remained the same at \$15.00 including the box lunch.

Call Natalie Gorelick at 954-984-1673 to reserve at table. This is your first chance to play cards and have lunch.

The HMO Brunch is scheduled for January 3, 2018 in Wynmoor. The Membership Luncheon will be March 14, 2018 at Lighthouse Point. Details will follow as these events get closer.

Ladies Circle

By Eleanore Butler

Hope you are all enjoying your summer and that the weather hasn't been too hot for you. Our next meeting will be on August 24th in Ballrooms B and C at 11:30 AM. The program for this meeting has not been finalized at this time. Please plan on coming and relax with your Ladies Circle friends and enjoy the cool temperature in the Ballroom.

We have planned an exciting Luncheon and Concert for August 10th at 12:00 Noon in the West Wing 2. Treat yourself to a delicious lunch prepared by Dyan's Kitchen consisting of a super Chef Salad followed by a group of talented musicians performing mostly Klezmer music with some Broadway and popular tunes. Coffee and dessert will follow. The cost is \$16 and checks should be made payable to "Ladies Circle" and mailed to Harriet Shlam; 2903 Victoria Circle, E-2. This is open to friends, neighbors, husbands and significant others. Tables of 8 will be pre-set. Please list your table mates when making your reservation. Call Harriet at 954-970-8546 for further information.

Latin Women's Club

By Eliassi Carson

Club members are busy making plans for the club's 6th Anniversary Dinner Dance, and celebration of Hispanic Heritage month for Friday, September 15, 2017 at Wynmoor Ballroom A/B from 7:00 PM to 11:00 PM.

Please come out and support this activity. You are going to enjoy a delicious meal, dance to the music of Mike Rapposelli, and perhaps win a door prize – all for \$20.00 p/p.

For reservations, buying tickets, or for more information, English speakers may contact Ms. Minerva Nazario at 954-532-3156, and Spanish speakers may contact Ms. Myriam Alonso at 954-673-6542 or Ms. Ellie Carson at 954-245-8446.

Our next monthly meeting will be on Tuesday, August 29, 2017. Our monthly meetings are held on the **last Tuesday of the month** at the East Wing, Classroom 4, at 2:00-4:00 PM. Refreshments are served. All meetings are held in Spanish/Portuguese.

Live Love Laugh MOOR

By Charles Lindquist

We continue with our "Friday Night at the Movies" through the entire summer with comedy movies on the 2nd and 4th Friday of the month. On August 11th, we will present "Cocoon 2 - The Return." On August 25th, the movie will be "Wild Oats," starring Shirley MacLaine. Movies are shown at the Country Club Lecture Hall at 7:00 PM. Coffee & tea follow the movie. Everyone is Welcome.

Check out our terrific 10-night cruise on the "Celebrity Reflection" on December 8th. Flyers are at the Country Club. The flyer details the great perks our group can receive, or call 954-746-0066 for info.

We are now taking reservations for our annual Break the Fast event on September 30th. Everyone is welcome to purchase tickets to the event.

Start planning your table for our New Year's Eve party. This year, the event will be the greatest party yet with live entertainment.

For club info: LiveLoveLaughMOOR@hotmail.com

Needle Click

By Barbara Bilello

August meetings are on the 8th and the 22nd from 1:00 PM – 4:00 PM in the West Wing, the second and fourth Tuesday of the month. Please make sure you come to our meetings. We are a friendly group of ladies who enjoy knitting, crocheting, sewing, beading, or chatting, and meeting new friends.

We serve coffee, tea and snacks. If you are new to Wynmoor and would like to make new friends drop in and check us out.

If you know anyone who has yarn that they would like to donate, please call Barbara at 754-222-6375. I will gladly pick it up!

We donate our masterpieces to various organizations with lots of loving care. Hope to see you soon.

Pickleball Club

By Sandra Cohen

The Pickleball Club is having a great, fun-filled summer. We continue to offer a variety of sporting and social activities with regular games, barbecue get-togethers, and our popular karaoke nights.

Do you enjoy karaoke? Please join us on Wednesday, August 2nd and August 23rd, at 7:30 PM in the Grand Ballroom A. There's no entry fee for Pickleball Club members and \$3 for guests. Pickleball Club dues are only \$5. So, why not join our club and come to karaoke nights for free?

Pickleball is a fun sport and a great way to get your exercise. Want to learn to play? Visit us at the Pickleball courts any morning. See how the game is played and meet our members. Check the bulletin board at the courts to find out about free Pickleball lessons for beginners. We even supply racquets and balls for the lessons. We hope to see you soon.

Queens Club

By Ruth Weinstein

Hoping the summer has passed with pleasure and good health for all. The Queens Club has reservations to go to the Mardi Gras Casino on August 25th. The cost is only \$5 and you get \$10 free play, plus \$2 towards lunch. Also, reservations should be made if you want to sign up to see "Saturday Night Fever" at the Stage Door Theatre on Sept. 3rd at 2:00 PM. Call Ruth Weinstein for reservations: 954-975-0515. Be sure to mark your calendar.

Rebels Bowling League

By Les Resnick

Just a reminder, we're off for the summer. But it's time to start thinking about next season. Why not come bowl with us and get some exercise? We will start bowling again Monday September 11th at 10:00 AM at SAW-GRASS LANES. We would like you to join us. We'll need your contact information in order to form equal teams. We have bowlers of all ages with averages from 60 to 160. All are welcome. We use a 100% handicap system that makes all bowlers equal.

Call me if you want to join us or would like an explanation of our handicapping system or any other questions. We'll be bowling each Monday at 10:00 AM for 32 weeks (we get done a little after 12 noon). or more information, contact Les Resnick 954-366-5352 lresnick@yahoo.com or Victor Cevallos at 954-978-8493 vic.cevallos@outlook.com.

Shuffleboard

By Michele Epstein

We are enjoying a good turnout from our club members. Our scheduled membership hours are Mondays and Saturdays from 10:00 AM-12:00 noon and Tuesdays, Wednesday and Thursdays from 7:00-9:00 PM. The courts are lit so night-time play is no problem.

The new courts are a pleasure and I look forward to adding new members and meeting our long-time shuffle boarders.

From time to time we will have meetings and social gatherings. We have BBQ's at the Country Club venue twice a month on Thursday nights at 5:30 PM. We would love to have you join us. Club dues are \$5.00 per year. When you join you will receive emails about upcoming events. All residents of Wynmoor are welcome to use the courts 7 days a week. Come on out and enjoy meeting fellow shuffle boarders, learn the game strategy and have fun.

For more information, our email address is shuffleboard@yahoo.com.

Tennis Club

By Shelly Propper



August is still hot and humid but players just play earlier in the morning or in the evening. Lessons, both private and group, are still available. Bob Long can help with the information needed for lessons, Masters Tennis, and Beginner Wednesdays You can also check the boards at the tennis courts.

Night tennis is still occurring on Mondays, Tuesdays and Thursdays as a round robin event. Warmup begins at 6:15 PM, and then the games start at 6:30 PM and go until 8:00 PM. We look forward to seeing more players on the courts.

Continued on page 50

Clubs and Activities

Continued from page 49

Writer's Workshop

By Gus Loret-de-Mola

Have you ever felt the urge to write? Do you feel you have stories to tell or poetry that you have always wanted to create? Would you like someone to listen to your writing and give you feedback on what you compose? Come to our workshop, Saturdays from 10:00 AM-12:00 PM in Card Room 1 at the Country Club. Enjoy the writing of others and have fun sharing your work. For information, call Gus Loret-de-Mola at 954-968-1082.

Wynmoor Amateur Radio Club

By Ralph Trapper

The W.A.R.C. meets every Friday morning at 9:00 AM in the Multi-Purpose Room, near the Main Pool, and we meet all year round.

At 10:00 AM, we move to the "Ham Shack" located in Room #118, on the West end of the Administration Building. Visiting Amateur Operators are welcome to operate from our station, just be sure to bring a copy of your "ticket" (license) along with you.

Work on the installation of the new vertical antenna is continuing. Hopefully the ability to add the lower Amateur bands (75 and 40 meters) will increase our stations communications ability in the very near future.

For further information, please contact Ralph Trapper, W9TWW, at (954) 973-4329.

Wynmoor Emergency Hurricane Net

By Ralph Trapper

It is now August, and to date, we have eleven (11) Hurricane Network Operators.

Equipment issue evaluations took place on Wednesday, June 21, 2017 at 9:00 AM in Ballroom "A" of the Country Club Complex, and continues now. The first "on-the-air" practice took place on July 26, 2017, at 7:00 PM, on CB Channel 14. We hope all operators that were issued equipment checked in for the inaugural "on-the-air" meeting.

These meetings will follow every Wednesday evening at 7:00 PM on CB Channel 14, until the Hurricane season officially ends, November 30, 2017. Please remember that there will not be a scheduled "on-the-air" practice during the onset of thunder storm(s). Additionally, no "on-the-air" practice will take place on a National or Religious Holiday(s).

So, all "Hurricane Network operators" should take notice of announcements made before the official openings of the "Hurricane Net." Remember to tune into CB Channel 14, starting at 7:00 PM. We will be listening for you there.

O'Neil Elliott

Director of Security, WCC
(954) 968-2504

Ralph Trapper

President, Wynmoor Amateur Radio Club
(954) 972-4329

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South Florida Magic School Brings "Discover Magic" Educational Program to Coconut Creek Community Center.

National Program Teaches Essential Life Skills to Young Children through the Art of Illusion.

South Florida Magic School, under the direction of Wynmoor resident Alan Kratish, will bring the exclusive Discover Magic educational program to Coconut Creek Community Center for the first time this fall. This national program is designed to teach key life skills to 7-12 year olds through the process of learning to perform magic. The course was created by a team of internationally-known, award winning, magicians, after nearly twenty years of research.

Studies have shown that the art of magic helps students build key life skills such as Respect, Creativity, Confidence and Preparedness. The Discover Magic course is an educational program specifically designed to teach these skills and more, says Kratish, "It's best described as a life skills course camouflaged to look like magic lessons. Kids become so focused on learning the magic tricks that they don't realize they're acquiring skills whose benefits they'll reap for a lifetime."

"This would be a great incentive to get those grandkids to visit. With a location, so close to Wynmoor, the kids could attend magic class in the morning and be done in time to spend the afternoon with their grandparents and demonstrate what they've learned while they're still excited about it!"

Every Discover Magic class teaches one of the "Traits of a True Magician," and features individualized instruction, custom created props, Top Secret file folders for every child and even a special online "video vault," with bonus material the kids can unlock with a secret code after each class. The tricks taught are age appropriate and are specially designed to encourage and reinforce the life skill being focused on during that lesson.

To show off their new skills, on the final class of each session, students perform a magic show for family and friends, and are awarded a certificate of advancement and ceremonial magic wand. Graduates of the first course receive a purple wand. As with the colored belts of karate, green, orange and black wands are awarded for subsequent courses.

Kratish says he is excited to bring the Discover Magic program to Coconut Creek and to teach important life skills to his students while introducing them to the fun and mystery of prestidigitation.

Registrations are now being accepted for the fall Discover Magic Purple Wand course. Classes will be held on Saturday mornings at 10:30 AM, beginning 10/14/17, at Coconut Creek Community Center. For pricing and additional information, contact Kratish at 954-290-4746, by email at GrapeWiz@aol.com, or visit <http://grapewiz.wix.com/sfloridamagicschool>. This is not a City Sponsored activity. Distribution of this information does not imply endorsement by the City of Coconut Creek.

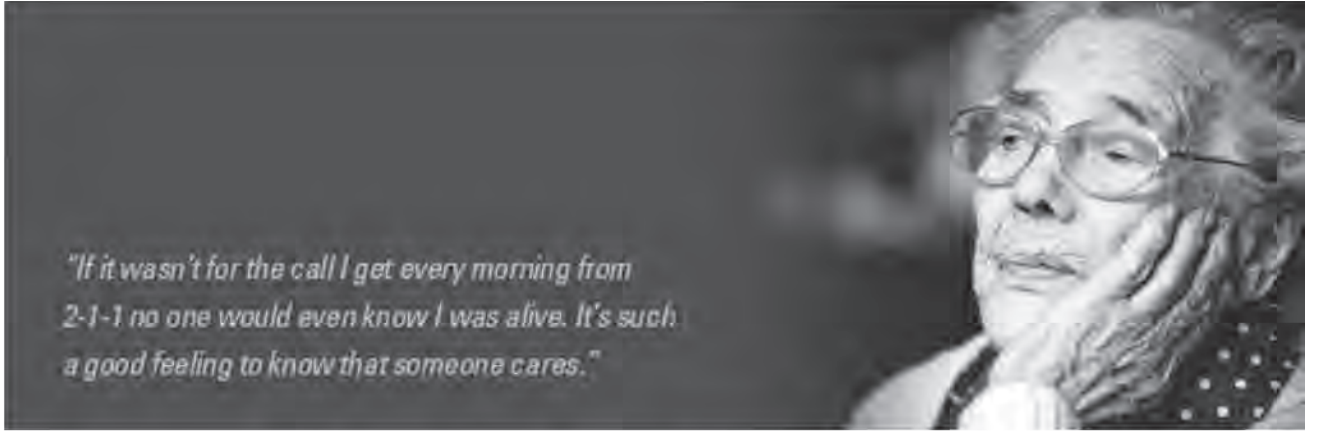
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Alan Kratish, 59, is a native South Floridian and has been a Wynmoor resident for just over a year. An avid magic enthusiast and performer since he was as young as the students he's now teaching, he's won competitions at the Florida State Magicians Convention in both the Youth Stage Magic and Close-Up Magic categories.

He's also owned a magic shop, performed magic at restaurants, private parties and trade shows, consulted for TV commercials, written magazine articles for magicians, and taught private magic classes. His most famous student was Muhammad Ali.

In 2017, Alan received the Discover Magic Gold Key of Excellence in recognition of his creative contributions to the organization.





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MAKING A DIFFERENCE FOR SENIORS

Seniors hold a special place in Florida, which has the nation's largest proportion of residents age 60 and older. There are over 339,317 year-round Broward seniors, with 11% or 37,325 living below the poverty line. Many of these seniors live alone and are finding it harder to afford and access proper nutrition, necessary medications and healthcare. They are struggling to stay in their homes and remain independent.

WHAT IS SENIOR TOUCHLINE?

Senior Touchline is a free service that offers a daily telephone call for people over 60 years of age who live alone. The purpose of the program is to ensure that older adults can maintain their sense of well-being while remaining in their homes and community. Many times, receiving daily Touchline calls can prevent older adults from requiring more costly services or institutional placement.

Touchline calls also provide social contact and emotional support. The 2-1-1 counselor establishes a relationship with the senior and provides them with a sense of security and safety. In some cases, the Touchline Counselor may be the only voice or human contact the client will hear that day or week. One simple phone call can help give a client peace of mind knowing that a volunteer will be checking in with them at the same time each day.

HOW DOES TOUCHLINE WORK?

Each day, within a pre-determined time period, a 2-1-1 counselor calls registered seniors to make sure they are safe and well. If the 2-1-1 counselor is unsuccessful in reaching the senior after one hour of repeated attempts, the designated emergency contacts will be called and asked to check on the senior's well-being. If we cannot reach anyone, we contact the local police department to perform a senior wellness check to confirm their safety. In some cases, we will call to dispatch emergency services.

HOW DOES TOUCHLINE HELP SENIORS IN TIMES OF DISASTER?

Each year before hurricane season, the Touchline counselor will work with the participants to develop a plan of action in the likelihood of a storm. We review their options for evacuation and provide them with information and referrals about programs that can assist them with any special needs. After the storm, we will resume the daily reassurance calls to make sure all of our seniors are safe.

HOW TO SIGN-UP FOR TOUCHLINE SERVICES

Do you or someone you know over 60 years of age need to receive a daily reassurance phone call? If so, please fill out an application and mail to:
2-1-1 Broward Administrative Office - Attn: Touchline Coordinator
250 NE 33rd Ave. - Oakland Park, FL 33334

DOCTOR'S NAME _____		TELEPHONE: _____	
SPECIAL MEDICAL AND OTHER CONDITIONS -LIST ANY PROBLEMS, MEDICAL, EMOTIONAL OR OTHER, WHICH MIGHT AFFECT YOUR ABILITY TO ANSWER YOUR DAILY TOUCHLINE TELEPHONE CALL.			
MEDICAL: _____			
MEDICATION: _____			
DISABILITY: _____			
OTHER: _____			
PLEASE NOTE: IF YOUR EMERGENCY CONTACTS ARE NOT AVAILABLE, THE POLICE DEPARTMENT WILL BE CONTACTED TO CHECK ON YOUR SAFETY. 2-1-1 BROWARD WILL NOT BE RESPONSIBLE FOR ANY ACTIONS TAKEN BY EMERGENCY PERSONNEL.		IMPORTANT! IT IS NECESSARY FOR YOU TO LET US KNOW BEFOREHAND WHEN YOU WILL NOT BE HOME FOR OUR CALL EACH DAY. CALL US AT THESE NUMBERS 24 HOURS A DAY: 2-1-1 OR (954) 390 - 0485	
THIS SPACE FOR OFFICE USE ONLY		CLIENT SIGNATURE _____	
CLIENT I.D. NO. _____		DATE _____	
CODE _____ PRIORITY _____			
BEGIN CALLS: DATE _____ TIME _____			
ENTERED BY: _____			
NOTES: _____			
 2-1-1 or 954-390-0485			

TOUCHLINE APPLICATION		 2-1-1 or 954-390-0485		Mail completed application to: 2-1-1 Broward 250 N.E. 33rd Street Oakland Park, FL 33334	
NAME: _____		TELEPHONE: _____			
ADDRESS: _____		CELLULAR: _____			
APT NO: _____		DATE OF BIRTH: _____		AGE: _____ SEX: _____	
CITY: _____		ZIP CODE _____			
APARTMENT/CONDO NAME: _____					
APARTMENT/CONDO MANAGEMENT TELEPHONE: _____					
CAN WE CONTACT THEM IN CASE OF AN EMERGENCY?				YES OR NO	
PLEASE GIVE BOTH CROSS-STREETS NEAREST YOUR HOME IN THE EVENT OF AN EMERGENCY: _____					
EMERGENCY CONTACT PERSONS PLEASE LIST (AT LEAST 2) LOCAL BROWARD COUNTY RESIDENTS WHO WILL GO TO YOUR HOME AND CHECK ON YOUR SAFETY AND WELL BEING IN THE EVENT THAT YOU DO NOT ANSWER YOUR DAILY TOUCHLINE CALL. THESE RESIDENTS MUST BE WITHIN WALKING OR SHORT DRIVING DISTANCE FROM YOUR HOME.					
1) NAME: _____					
ADDRESS: _____		APT _____			
CITY AND ZIP CODE: _____					
TELEPHONE (H) _____		(W) _____			
RELATIONSHIP: _____		HAS A KEY TO MY HOME: _____		YES NO	
2) NAME: _____					
ADDRESS: _____		APT _____			
CITY AND ZIP CODE: _____					
TELEPHONE (H) _____		(W) _____			
RELATIONSHIP: _____		HAS A KEY TO MY HOME: _____		YES NO	
3) NAME: _____					
ADDRESS: _____		APT _____			
CITY AND ZIP CODE: _____					
TELEPHONE (H) _____		(W) _____			
RELATIONSHIP: _____		HAS A KEY TO MY HOME: _____		YES NO	

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Neighborly News

2901 Victoria Circle

By Joan Sampson

Nobody ever tells me anything! Who's going on a cruise, a fabulous trip, having a special birthday or anniversary – 'tho they're all special – having guests, re-doing something, anything? I just can't go door to door on all 4 floors – not at my age – so give me a call with your news so there's something for me to write about!

The Maintenance Department probably thinks I'm the worst nag in the world – not that it's done any good – BUT – they promise to do the badly needed paint touch-up and 3rd floor re-paint and also promise to have our paths in back and to the pool coated and sealed. They just didn't say 'when'.

In the meantime, when you read this – barring any tragic weather

occurrence – necessary work on the Mansard and coping (it's on the roof but not the roof itself) will be completed. At least something's being done!

August is budget time for Wynmoor and some of us will be attending the morning sessions starting on the 14th. Your views and opinions are of value. Don't be shy – make them vocal at the right time and place and where it counts.

That's all for now. Please stay safe, keep well and of course, be good to each other.

Be A Good Neighbor Look Out For Each Other!

DINNER THEATRE NEWS

By Lynne List

The big news is that, this coming year, the Supper Club's Drama, *Kindertransport*, will be a catered affair. The lunch and supper will still be light meals (to keep the price down) and Chuck Wagon Catering will provide the food and the service. The lunch will consist of Premium Angus Roast Beef and Turkey off the bone on croissants. In addition, there will be potato salad, dessert, Decaf Coffee and Iced Tea. The light supper will feature Baked Ziti, tossed salad, a roll, dessert, Decaf Coffee and Iced Tea. The price for either show will be \$20 per person. The Curtain Call Playhouse, a Professional Travelling Troupe, will be performing the show. They will also be performing it at the Pompano Beach Cultural Center and the Sunrise Civic Center Theatres.

Kindertransport, written by Diane Samuels, is the moving story of a *Kindertransport* woman from child to adult. The reviews have called it, "Exceptional," "Astonishing," and "Gloriously Uplifting." The story takes place in 1970 in England and moves between the past and present. This is an intense story in which the audience discovers the agony of separating a child from her parents and the consequences of the choice. It is a show



NOT TO BE MISSED.

There will be two performances on Sunday, February 11, 2018 in the West Wing. A matinee and an evening show. For the afternoon performance lunch is served at 1:00 PM and the show starts at 2:00 PM. For the evening performance dinner is served at 6:00 PM and the show starts at 7:00 PM.

Advanced ticket order forms will be emailed the beginning of September to those who have supplied their email address to us. There is only one email list so if we have your address for the musical you are now on the list for the drama. You need not send it to us again. If you are not on our mailing list send your email to LLIST@juno.com, write Supper Club in the subject

line and your address will be added. In November, the order forms will be in the carousel in the Country Club library for those who do not have an email.

Also, the Club could use some volunteers to sell tickets, make centerpieces, write articles, distribute flyers, etc. If you can help, please contact Lynne at the address above or call: 954-973-1223.

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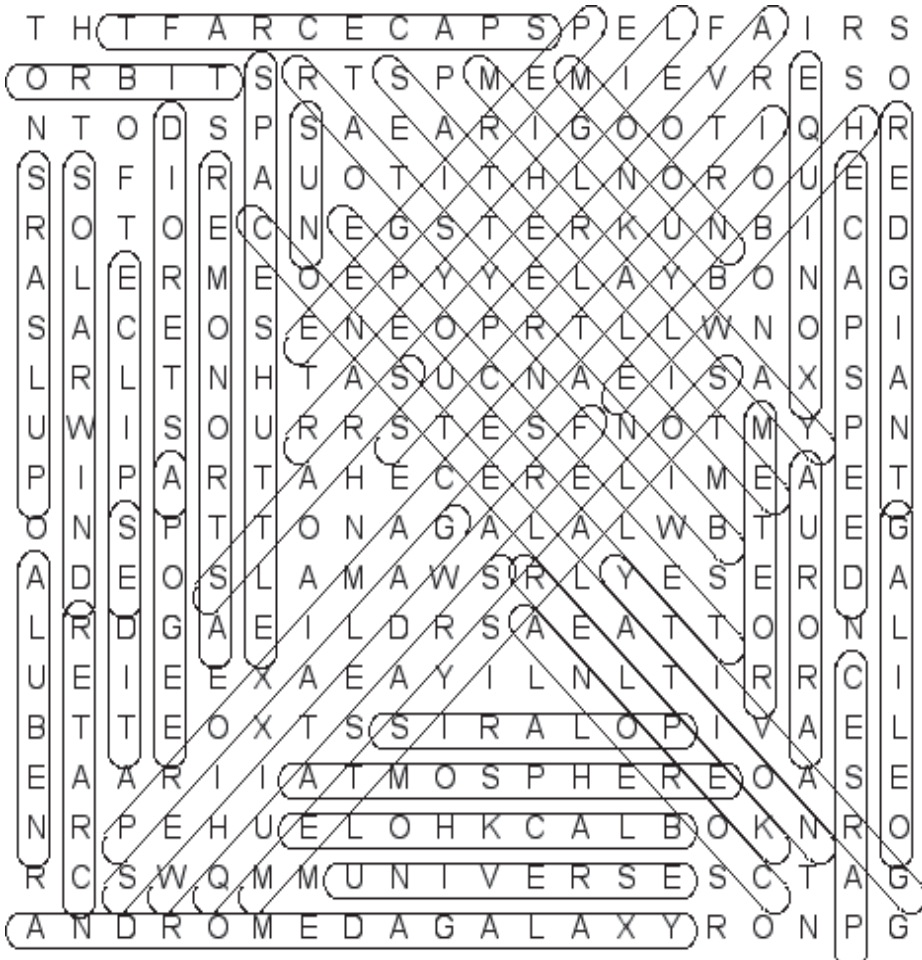
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Puzzles and Games

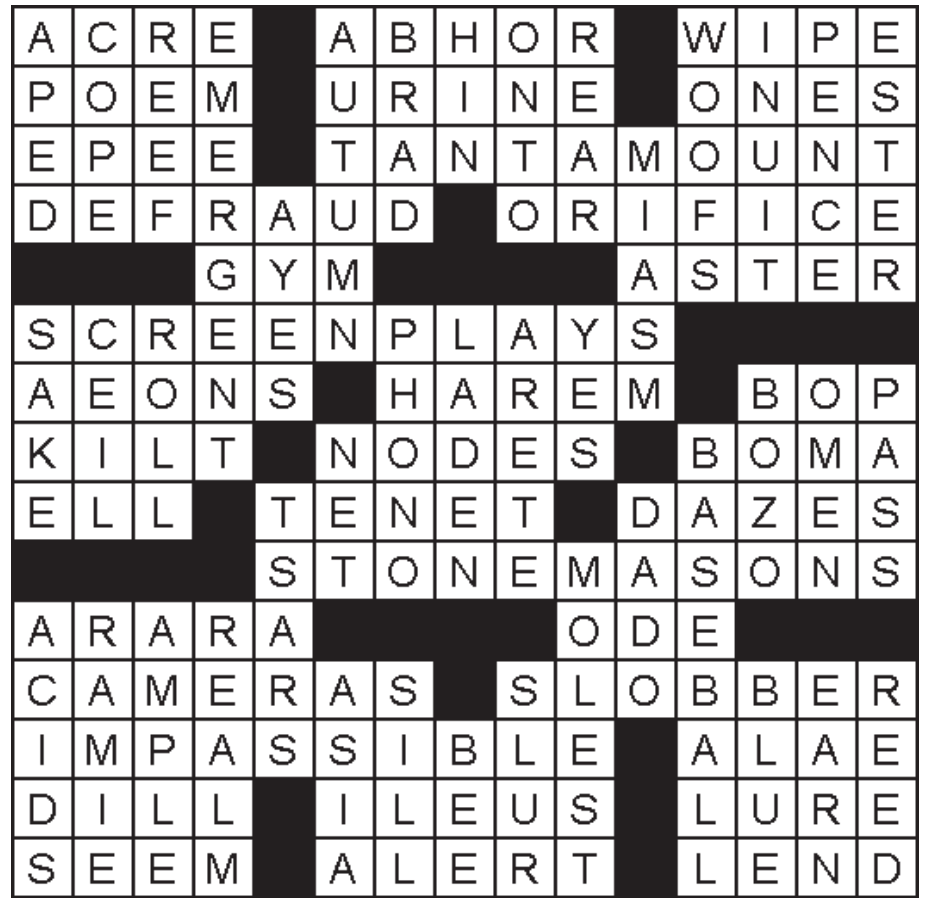
Solutions from page 20

Astronomy

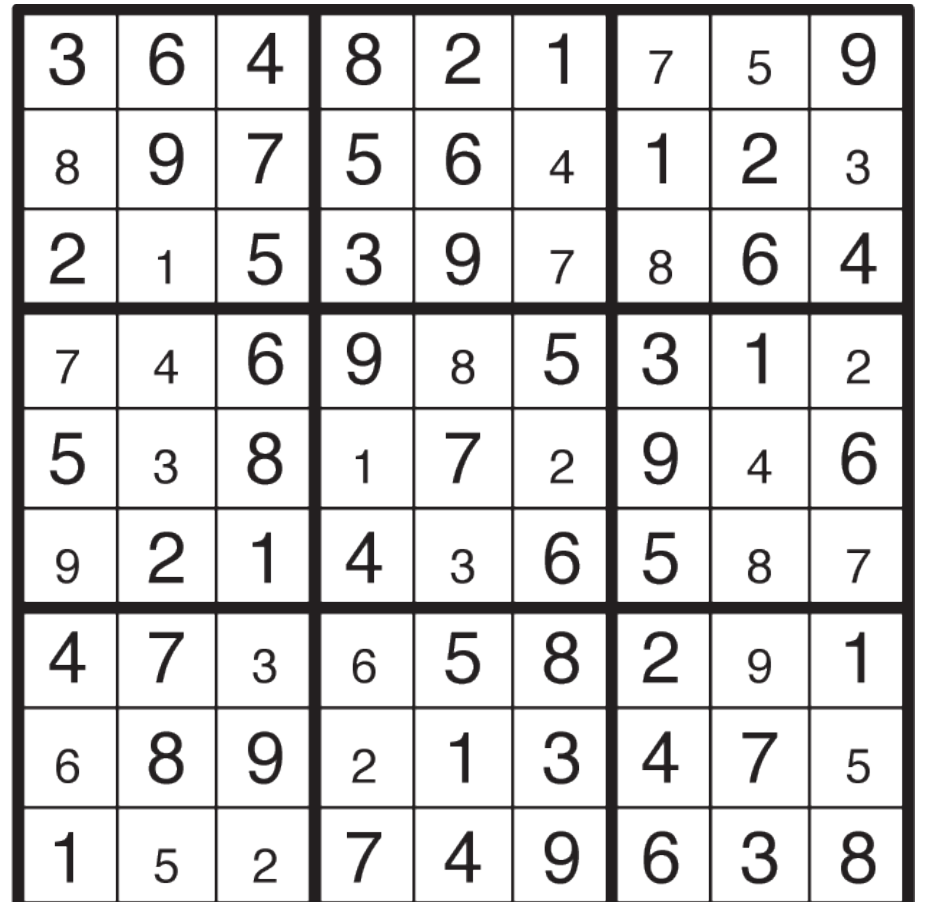


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Crossword Puzzle



Sudoku



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